
Ruth Frith Trophy
Most Improved Under 18 Female

1983-84	Robyn Richards
1984-85	Brigid Robertson
1985-86	Melissa Moore
1986-87	Rachael Koroï
1987-88	Not awarded
1988-89	Not awarded
1989-90	Not awarded
1990-91	Kylie Robertson
1991-92	Virginia Young
1992-93	Catherine Kennedy
1993-94	Gillian Ting
1994-95	Gillian Ting
1995-96	Not awarded
1996-97	Not awarded
1997-98	Caroline Hayes
1998-99	Michelle Sheekey
1999-00	Alison Piotrowski
2000-01	Annie Cahill
2001-02	Renee Vandenberg
2002-03	Thalia Amanakis
2003-04	Elizabeth Jenkins
2004-05	Charlotte Yeates
2005-06	Amy Moulden
2006-07	Sarah Thomson
2007-08	Larissa Pasternatsky
2008-09	Phoebe Davies
2009-10	Frances Schmiede
