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**Ruth Frith Trophy**  
**Most Improved Under 18 Female**

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|---------|----------------------|
| 1983-84 | Robyn Richards       |
| 1984-85 | Brigid Robertson     |
| 1985-86 | Melissa Moore        |
| 1986-87 | Rachael Koroi        |
| 1987-88 | Not awarded          |
| 1988-89 | Not awarded          |
| 1989-90 | Not awarded          |
| 1990-91 | Kylie Robertson      |
| 1991-92 | Virginia Young       |
| 1992-93 | Catherine Kennedy    |
| 1993-94 | Gillian Ting         |
| 1994-95 | Gillian Ting         |
| 1995-96 | Not awarded          |
| 1996-97 | Not awarded          |
| 1997-98 | Caroline Hayes       |
| 1998-99 | Michelle Sheekey     |
| 1999-00 | Alison Piotrowski    |
| 2000-01 | Annie Cahill         |
| 2001-02 | Renee Vandenberg     |
| 2002-03 | Thalia Amanakis      |
| 2003-04 | Elizabeth Jenkins    |
| 2004-05 | Charlotte Yeates     |
| 2005-06 | Amy Moulden          |
| 2006-07 | Sarah Thomson        |
| 2007-08 | Larissa Pasternatsky |
| 2008-09 | Phoebe Davies        |
| 2009-10 | Frances Schmiede     |
| 2010-11 | Madison Gipson       |

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