



TRELOAR SHIELD

The Athletics NSW Treloar Shield is a club-based competition where athletes score points for their club. The emphasis is on participation and enjoyment, aiming to attract athletes of all abilities (including para athletes) and standards to compete in an organised track and field competition.

1. DATES, VENUES & EVENTS

During the 2016 season, there will be 5 full Treloar Shield rounds with additional Treloar Shield point scoring events held within All-comer meets throughout the Summer Series. Each event will be held three times in total (except 4x 100m and 4x 200m which will be held once). The schedule for Treloar Shield point scoring events is as follows;

25 September	Bankstown (3000m)
8 October	Campbelltown (100m, 400m, 1500m, sprint hurdles, steeplechase, 4x 100m, pole vault, long jump, shot put, javelin)
21 October	Hensley (discus)
22 October	SOPAC (100m, 400m, 1500m, 200/400m hurdles, 4x 200m, pole vault, long jump, shot put, hammer throw)
29 October	Blacktown (200m, 800m, 1500/3000/5000m walks, triple jump)
4 November	Illawong (200/400m hurdles, high jump, discus)
5 November	Bankstown (steeplechase, long jump, hammer throw)
12 November	SOPAC (200m, 800m, sprint hurdles, 4x 400m, 3000m, high jump, triple jump, discus)
18 November	Blacktown (hammer throw)
19 November	E.S. Marks (800m, 3000/5000, 200/400H, 1500/3000/5000m walks, long jump, shot put, javelin)
9 December	SOPAC steeplechase, 1500/3000/5000m walks, high jump)
10 December	Bankstown (100m, 200m, 400m, 1500m women, 1 mile men, sprint hurdles, pole vault, triple jump, javelin)

The venues are;

Campbelltown	Pembroke Road, Leumeah
Blacktown	Eastern Road, Rooty Hull
E.S. Marks	Boronia Street, Moore Park
Bankstown	The Crest, McLean Street, Bass Hill
Hensley	Corish Cir, Eastgardens
Illawong	The Ridge, Recreation Dr, Barden Ridge
SOPAC	Edwin Flack Drive, Sydney Olympic Park

2. POINT SCORES

In 2016, two (2) separate point scores will be in operation; Age Pennants and the Treloar Shield.

1. Age Pennants

- 2.1.1 Three age pennants will be offered throughout the 2016 Treloar Shield; in the form of Open, Junior and Masters. There is no overall pennant winner but rather a junior pennant recipient, an open pennant recipient and a master's pennant recipient.
- 2.1.2 The open pennant is for athletes competing in Open Competition. For point scoring purposes, the open category is athletes aged 20-29. The junior pennant is for athletes competing in the Under 20, Under 18, Under 16 and Under 14 age groups. The master's pennant will be for athletes competing in the 30-39, 40-49, 50-59 and 60+ age groups. Athletes may compete out of their natural age group (up an age group for juniors, or down an age group for master's athletes) and will score points in the age group of the event selected. i.e. an U18 athlete competing in U20 would score points in the U20 age group. Any change of age group must be provided to the Athlete check in area prior to the commencement of the event.
- 2.1.3 Each week, the points scored in each age group, by each club, across all venues, male and female, will be added together to yield the weekly point score for each pennant. At the completion of the series, the club with the most points will be the winner.
- 2.1.4 Points will be awarded for places 1st through to 20th in each of the nine (9) age groups (U14, U16, U18, U20, Open, 30-39, 40-49, 50-59 and 60+) as indicated in the table below.
- 2.1.5 There is no limit on the number of athletes or relay teams which may score event points for a Club.
- 2.1.6 The 5000m walk will only be scored in the U20, Open and 30-39 and 40-49 age groups. The 3000m walk will be scored in the Under 14, Under 16, Under 18, 50-59 and 60+ age group. The 1500m walk will only be scored in the Under 14 age group.
- 2.1.7 The 90m and 80m hurdles are only available for males U14 or 70+, and for females U16 and 40+.
- 2.1.8 Relays will only be scored in the Open age group.

The point score system works as follows:

Place	Points
1	30
2	24
3	20
4	17
5	16
6	15
7	14
8	13
9	12
10	11
11	10
12	9
13	8
14	7
15	6
16	5
17	4
18	3
19	2
20	1

2. Treloar Shield

- 2.2.1 Point scoring for the Treloar Shield will be based on the place achieved by the club after each competition round. The competition round place is determined by the total point score from each age pennant category, adjusted to give equal weighting to each category being scored (Open pennant points (with 1 scoring age group) are multiplied by 4, Master's and Junior pennant points (with 4 scoring age groups) are multiplied by 1.
- 2.2.2 **Treloar Shield Points** will be allocated after each competition. The club with the most Treloar Shield Points accumulated will be the winner of the Treloar Shield for the 2016 season.

3. Minimum Scoring Standards-

- 3.2.1 Equivalent minimum performance standards to score points for your Club team have been set in other events. These are outlined below:

Event	Men	Women	Event	Men and Women
100	No standards	No standards	High	1.20
200	No standards	No standards	Pole	2.00
400	No standards	No standards	Long	3.50
800	No standards	No standards	Triple	8.00
1500	No standards	No standards	Shot	7.00
3000	13-00.0	16-00.0	Discus	15.00
5000	23-00.0	28-00.0	Hammer	18.00
10000	42:00.0	45:00.0		
110 / 100h	23.0	23.0	Javelin	15.00
90 / 80h	20.0	20.0		
200h	35.0	45.0	Relays	No standards
400h	1-20.0	1-40.0		
2000 s/c	9-00.0	10-00.0		
3000 s/c	13-30.0	15-30.0		
1500 walk	10-00.0	10-00.0		
3000 walk	20-00.0	20-00.0		
5000 walk	35-00.0	35-00.0		

4. RULES

The above is to be applied in conjunction with the 2016 Athletics NSW Treloar Shield and All-comers rules.