



UTS Norths

E-Mail Newsletter - April 2017

National Open and State Championships

As the local track and field season came to an end, the amazing results from UTS Norths athletes continued. At the National Open and State Championships, 98 UTS Norths club members participated, winning 40 medals - 12 gold, 10 silver and 18 bronze. Click here for full details and photos (need to scroll down) <https://www.utsnorthsath.com.au/news>

Congratulations to the following Open National Medallists:



- Will Austin-Cray 3rd Open 1,500 metres;
- Jackson Collett 2nd Open 400 metres and 2nd Open 4 x 400 metres relay;
- Alec Diamond 2nd Open Decathlon;
- Jasmine Everett 1st 4 x 100 metres
- Scott Reardon 1st Ambulant 100 metres;
- Gabriella O'Grady, 1st 4 x 100 metres
- Olivia Tauro 2nd Open 400 metres, 1st 4 x 400 metres
- Carly Thomas, 1st 4 x 400 metres

Congratulations to the following Junior Championship Gold Medallists

- Nicolette Donofrio U16 200 metres;
- Darcy Holmes U14 high jump;
- Will Lloyd U20 110 metres hurdles;
- Max Mandera U15 4 x 100 metres relay and 4 x 200m relay;
- Abigail Stevanovic U16 200 metres hurdles;
- Carly Thomas U18 800 metres and Open 4 x 400 metres relay;



International Selections

Following these fantastic performances, it was inevitable that national selection would follow.

2017 IAAF World Relays



As reward for her incredible come back season, Olivia Tauro was selected for the 4 x 400m national team to compete at the 2017 IAAF World Relays in Nassau (BAH) next weekend at 22-23 April. Mason capped off another impressive season with selection in the 4 x 800m national team. Click here for details.

<http://athletics.com.au/News/mitchell-and-rubie-headline-world-relays-team#.WOCnVh0Di5A.facebook>

Oceania Athletics Championships 2017



More Australian representation for UTS Norths Athletes at the 2017 Oceania Athletics Championships in Suva (Fiji) in 28th Jun- 1 Jul. Congratulations to all selected for an outstanding season: Open Selection: Jack Collett 400m, Carla Takchi (100m hurdles): Under 20 Selection: Ben Mackay (200m, 400m), Sophie McGovern (100m) Isabella Thornton-Bott (800m and 1500m), Jackson Robinson (110m hurdles), Joey Ryu (Long Jump), Louis Stenmark (400m), Melissa Fitzsimmons (Long Jump) Alex Cerotti (High Jump) Under 18 Elliot Metcalf (1500m and 3000m), Alex Willett (Long Jump) Brooke East (Javelin).

<https://athletics-oceania.com/oceania-athletics-area-championships-2017/>

Youth Commonwealth Games, 19-23 July, 2017

More junior national selections are expected for UTS Norths Juniors in the near future as qualifiers were achieved by athletes. Team selection will be announced shortly, click here for more details <http://commonwealthgames.com.au/games/2017-bahamas-youth-games/>

State Masters, 19th March 2017



After wrapping up the Masters Treloar Shield, Masters State Relays and Masters Club Championships, UTS Norths Masters athletes continued their winning ways at the Masters State Championships. With 42 athletes competing, there were 33 medal winners. Nick Bastas came away from the weekend with an amazing 7 gold medals. Click here for a full list of results.

https://media.wix.com/ugd/6c9eb5_57799dd3d60b4374a6610a5c789e2381.pdf and here for photos (scroll down to March 19 entry) <https://www.utsnorthsath.com.au/news>



World Indoors Masters Athletics Championships in Daegu, South Korea

UTS Norths Masters athletes headed off to Daegu, South Korea to compete in the World Indoors Masters Athletics Championships from Sunday 19th to Saturday 25th March, with UTS Norths athletes coming away with 2 gold and 2 silver.

Congratulations to the following UTS Norths members who competed:

Deborah Drennan W55 - 800m finals 2nd (Silver), 1500m finals 4th, 4 x 200m W55 Relay 2nd (Silver)

- Janet Naylor W50 - 60m heats 4th, Long Jump 8th, 4 x 200m W50 Relay 1st (Gold)
- Victor Ramondetta M60 - 60m semis 7th, 400m semis 5th, 4 x 200m Relay M60 1st (Gold)
- Brad Sharpe 800m finals 7th, 1500m finals 10th

Winter 2017



We now move into a new look Athletics NSW winter season, with more events available for club members to compete in, new names for events, with the same distance runner of the year and winter club championships up for grabs. The club championships are points based competition across winter championship and relay events. UTS Norths is looking for an increase in the number of participants across all age groups. If you are a UTS Norths Dual Athlete, Junior Member, Open or Masters member we need you to participate. Winter Season Co-Ordinators are:

Junior Co-ordinator: Amanda Johnstone, Mobile 0499 888 280, Email:

johnstone.amanda649@gmail.com. Amanda is in charge of the timing tags.

Open Co-ordinator: Andy West, Mobile 0439 257 968, Email: andy.west67@gmail.com

Masters Co-ordinator: Brad Sharpe, Mobile 0425 296 297, Email: dspdpa@optusnet.com.au

To enter upcoming cross country relays (May 28th), further information or queries please contact the above co-ordinators.

As a UTS Norths Dual Athlete, Junior Member or Open member, you are entitled to the following benefits

- UTS Norths pays your entry into Cross Country Relays and Ourimbah Street Relays
- Free Entry into [16 RunNSW events](#)
- Half Price Entry into [Waratah Run Series Events](#)
- Free Entry into TrackRun Events
- **20% Discount on all 'Fun Events', run by 'Entertainus'**
- Competition Bib with Pic2go QR Code
- Timing Tag
- Skip event check in's courtesy of your Timing Tag and Competition Bib
- Coverage for Personal Accident Insurance under the National Insurance Plan
- Athlete's Advantage Member Benefits Program
- eAthlete Information Service
- 10% discount on Coaching Courses run by Athletics NSW

To gain free entry into RunNSW Series events, simply enter the following code when registering; 2017RUNNSW100

XCC St George Classic & Novice Championships, 22nd April

The first cross country event is the XCC St George Classic next Saturday 22nd April. With a range of events for every participant from 2km to 10km. The event is held on the beautiful trails of Scarborough Park, Ramsgate and will incorporate the historic Novice Championships as part of the event..For registration and further details click here . [Find out more.](#)

The first event is at 12:30pm, with athletes required to check in 45 minutes before their event. Before checking in find Amanda Johnstone, who will be at the event from 11:30am, with your Timing Tag. Look out for Amanda with the UTS Norths banner.

Sydney 10! May 6th



For a chance to run on one of the fastest 10km road courses, enter the Greater Bank Sydney 10. The event is the second in the Winter Club Championships and

Ever wanted to run the iconic streets of Sydney Olympic Park? Then the is for you. Taking place on the 6th of May, the event will see fun runners, pram pushers, wheelies and everyone in between take part in one of Sydney's Premier 10km events. With 2.5km, 5km and 10km races on offer, there is a distance and challenge for everyone. [Find out more.](#)

Jana Pittman Guest Speaker At Annual Club Dinner, MAY 20th

We are pleased to announce two times World Champion and UTS Norths club member **Jana Pittman** as the guest speaker at the annual dinner to be held on May 20th at Chatswood Golf Club. Jana is one of our national track and field treasures with wins in the 400m hurdles in 2003 and 2007 world championships, 4 golds at 2002 and 2006 Commonwealth Games in 2002 and 2006 in Melbourne and Manchester, and 2 golds at the Santiago World Junior Championships in 2000. Come to hear her story of world pinnacle success, overcoming setbacks and comebacks.



Prices are \$55 for adults, \$33 child/student/concession for a 3 course meal. UTS Elite Athlete Program club members attend free. The annual dinner will include the awards presentation. An invitation will be sent to all club members in the coming weeks. Please book and RSVP as places are limited. Alternatively, [click here](#) to go to the UTS Norths website now to book your ticket.

As always we are looking for sponsors of the annual dinner raffle. This can be in the form of prizes or as [Red Balloon](#) experience vouchers to be given as raffle prizes on the evening. Acknowledgement will be given on the night to sponsors or they can be given anonymously if preferred. Go to Annual Dinner website [here](#) to make a Red Balloon prize donation.

Club contacts:

President; Andy West, Mobile 0439 257 968, Email andy.west67@gmail.com

Registrar; Ross Douglas, Mobile 0409 248 287, Email Ross.douglas@bigpond.com.au

Uniforms; Sally Richardson, Mobile 0411 586 001, Email richardsonsally@outlook.com

You have received this email as a 2015/16 or a 2016/17 member of UTS Northern Suburbs Athletic Club. If you do not wish to receive these monthly emails to be kept up to date with all things athletics, please reply email to unsubscribe