

TROPHY & AWARD WINNERS 2010 – 11

TROPHY	AWARD TITLE	WINNER
Margaret Wrigley	Most Improved Throws	Scott MacLennan
Janet Naylor	Most Improved Jumps	Tomas Cholensky
Jennifer Lamy	Most Improved Sprints	David Burke
Laurie Toogood	Most Improved Middle Distance	Sianne Toemoe
Nancy Lloyd	Most Improved Distance	Lara Nicod
WJ Treloar	Most Improved U20 Male	Joel Norton
Ray Land	Most Improved U18 Male	Joshua Clarke
John Hanman	Most Improved U16 Male	Will North
John Suters	Most Improved U20 Female	Libby Augustine
Ruth Frith	Most Improved U18 Female	Madison Gipson
Ray Frith	Most Improved U16 Female	Emily Augustine
Wayne Lever	Encouragement	Eliza Cepak
Peter Lucas	SOPAC Best Performance	James Gurr
Maccabi	Out of Stadium Runner of Year	Ruairidh MacDonald
Gloria Seymon	Masters Athlete of the Year	Jacqualine Bezuidenhout
Mike Poirrier	Best Club Person	Dominica Jenkins
Jennifer Jaye	Coach of the Year	James Fitzgerald
Jack Pross	Athlete Closest to International Standard	Sianne Toemoe

TRACK & FIELD and OUT OF STADIUM POINTS SCORE

AWARD	WINNER	AWARD	WINNER
Club Premiership		Out of Stadium	
Under 17 Female	Eliza Cepak	Open Female	Eliza Stewart
Under 20 Female	Tracey Morton	Under 14 Female	Emily Augustine
Open Female	Danielle Cotterill	Under 18 Female	Fran Schmiede
35+ Female	Jacqualine Bezuidenhout	(joint)	Libby Augustine
50+ Female	Deborah Drennan	Under 20 Female	Ruby Hackett
Under 17 Male	Tristan Paterson	45+ Female	Jane Godbold
Under 20 Male	Myalls Paterson	50+ Female	Deborah Drennan
Open Male	Michael Stark	Open Male	Alex Godbold
35+ Male	Tim McGrath	Under 18 Male	Ruairidh MacDonald
50+ Male	Chris Norris	(joint)	Xavier Black
West Metropolitan		40+ Male	Connor Delahunty
Short Distance		45+ Male	Brad Sharpe
Under 12 Female	Molly Quoye	50+ Male	Stuart Paterson
Under 14 Female	Lauren Briscoe	65+ Male	Geoff Francis
30+ Female	Tracy Grozdanis	Northern Zone	
65+ Male	David Archbold	Under 14 Female	Claire Ingram
Middle Distance		Under 18 Female	Rochelle Sharpe
Under 14 Female	Emily Augustine	Open Female	Melissa Jones
50+ Female	Deborah Drennan	45+ Female	Glenys Whitehead
55+ Femal	Dorothy Kass	50+ Female	Jill Senior
Under 20 Male	Kieran Briscoe	Open Male	Michael Stark
50+ Male	Chris Norris	30+ Male	Warren Jones
65+ Male	Ron Wills	45+ Male	Brad Sharpe
Long Distance		50+ Male	Mark Cepak
Under 20 Female	Rebecca Cormack	60+ Male	Ron Shoosmith
30+ Female	Rebecca Gibbs	70+ Male	Nick Bastas
40+ Female	Anita Cunningham	40+ Female	Anita Cunningham