
Jennifer Lamy Trophy

Most Improved Sprinter

1975-76	Elizabeth Richards
1976-77	J Norman
1977-78	J Mathers
1978-79	A MacMicking
1979-80	A Hodgson
1980-81	N Perkins
1981-82	S Cook
1982-83	Not awarded
1983-84	Brigid Robertson
1984-85	Melissa Moore
1985-86	D Carter
1986-87	Matt Reede
1987-88	Tim Jackson
1988-89	Tim Jackson
1989-90	Tim Jackson
1990-91	Robert Medlicott
1991-92	Veronica Lee
1992-93	Chris Doyle
1993-94	Kaye Smythe
1994-95	Danny Hawkins
1995-96	Veronica Lee
1996-97	Tim Simpson
1997-98	Marc Wheeldon
1998-99	Jessie Shepherd
1999-00	Marc Wheeldon
2000-01	Annie Cahill
2001-02	Mark Caulfield
2002-03	Andrew Clark
2003-04	Annabelle Smith
2004-05	Charlotte Yeates
2005-06	Laura Verlinden
2006-07	Jacob Holt
2007-08	Evan O'Hanlon
2008-09	Phoebe Davies
2009-10	Lewis Clark
2010-11	David Burke
