

SURNAME 1500m 2009-10	FIRST NAME	N Z AGE CAT	CLUB	REG No	WKS COMP	TOTAL POINTS	NOV 7 WK9 MIN	NOV 7 WK9 SEC	Pic WK 9	Points 9	SURNAME Javlin 2009-10	FIRST NAME	N Z AGE CAT	CLUB	REG No	WKS COMP	TOTAL POINTS	NOV 7 WK9 M	Pic WK 9	Points 9
Kavanagh	Shannon	W40+	UTN	1953	1	8	6	21.6	1	8	Cosma	Celeste	W12U	L MAN	387	3	24	8.99	1	8
Boyd	Jane	W45+	NMA	1638	2	16	5	18.6	1	8	Sharpe	Rochelle	W14U	UTN	427	4	32	18.30	1	8
Gore	Suzanne	W45+	RYD	205	3	22	5	53.3	2	7	Cepak	Eliza	W16U	UTN	371	4	31	30.41	1	8
Drennan	Deborah	W50+	UTN	425	4	32	5	51.3	1	8	Bonser	Jessica	W18U	UTN	355	5	40	25.03	1	8
Godbold	Jane	W50+	UTN	1952	1	7	5	55.3	2	7	Bonser	Melissa	W30+	UTN	354	5	40	21.82	1	8
Lloyd	Nancy	W50+	UTN	350	3	20	8	12.8	3	6	Mountfield	Pam	W40+	UTN	386	2	16	28.10	1	8
Thomas	Margaret	W50+	UTN	374	1	5	8	32.1	4	5	Kavanagh	Shannon	W40+	UTN	1953	1	7	24.39	2	7
Eller	Lesley	W60+	UTN	409	1	8	6	54.6	1	8	Marks	Glynis	W45+	CHE	??	2	16	30.75	1	8
						0					Whitehead	Glenys	W45+	UTN	434	2	15	21.90	2	7
Godbold	Alexander	M20+	UTN	1918	1	8	4	17.3	1	8	Jones	Kerrie	W50+	UTN	344	4	31	14.85	1	8
McGregor	Kevin	M30+	UTN	322	2	16	4	52.6	1	8	Thomas	Margaret	W50+	UTN	374	1	7	13.48	2	7
Ingram	Nicholas	M40+	UTN	TF	1	8	6	25.5	1	8							0			
Sharpe	Bradley	M45+	UTN	426	5	40	4	55.5	1	8	Howard	Chris	M18U	UTN	1957	2	16	45.24	1	8
Rose	Ian	M50+	HIL	1079	2	16	5	13.2	1	8	Dyce	Christopher	M20+	UTN	383	4	32	35.05	1	8
Byrne	Peter	M50+	HIL	1067	3	22	5	16.9	2	7	Patton	Declan	M20+	UTN	331	1	7	29.10	2	7
Gonye	Leslie	M50+	UNSW	285	2	13	5	25.9	3	6	Atkinson-Howat	Braden	M20+	RYD	1926	5	29	18.10	3	6
Urqhart	Ricahard	M50+	UTN	TF	1	5	7	28.4	4	5	Atkinson-Howat	Andrew	M50+	RYD	999	5	40	45.04	1	8
Cepak	Mark	M50+	UTN	368	4	19	7	47.0	5	4	Lang	Peter	M50+	RYD	230	4	28	36.85	2	7
Wright	Noel	M60+	HIL	1066	2	16	5	19.7	1	8	Hanbury-Brown	Roberts	M50+	UTN	323	3	19	33.49	3	6
Napper	Stephen	M60+	HIL	1583	1	7	5	51.4	2	7	Butler-White	Simon	M50+	NMA	1218	2	11	33.11	4	5
Francis	Geoff	M60+	UTN	349	2	13	6	11.9	3	6	Cepak	Mark	M50+	UTN	368	4	19	29.71	5	4
Allomes	Graham	M60+	SYP	766	5	33	6	42.7	4	5	Barrett	Doug	M50+	UTN	302	4	13	18.40	6	3
Archbold	David	M60+	UTN	300	5	28	6	50.3	5	4	Wright	Noel	M60+	HIL	1066	2	16	22.67	1	8
Gravitis	Vilis	M60+	STG	1170	5	23	7	28.2	6	3	Allomes	Graham	M60+	SYP	766	5	36	20.40	2	7
Shoesmith	Ron	M60+	UTN	389	5	18	11	53.7	7	2	Nicol	Greg	M70+	NMA	1636	5	40	25.30	1	8
Warren	John	M70+	??	??	1	8	5	20.7	1	8	Hamilton	Brian	M70+	UTN	345	3	21	15.92	2	7
Wills	Ron	M70+	UTN	327	5	39	6	19.1	2	7	Soutar	Jim	M70+	NMA	1639	1	6	14.18	3	6
SURNAME 400m 2009-10	FIRST NAME	N Z AGE CAT	CLUB	REG No	WKS COMP	TOTAL POINTS	NOV 7 WK9 MIN	NOV 7 WK9 SEC	Pic WK 9	Points 9	SURNAME Hammer 2009-10	FIRST NAME	N Z AGE CAT	CLUB	REG No	WKS COMP	TOTAL POINTS	NOV 7 WK9 M	Pic WK 9	Points 9
Oreb	Nicole	W20+	UTN	WIP	1	8	1	20.01	1	8	Cepak	Eliza	W16U	UTN	371	3	24	23.51	1	8
Kavanagh	Shannon	W40+	UTN	1953	1	8	1	17.40	1	8	Bonser	Jessica	W18U	UTN	355	4	32	26.85	1	8
Gore	Suzanne	W45+	RYD	205	3	24	1	14.70	1	8	Bonser	Melissa	W30+	UTN	354	5	40	35.85	1	8
Drennan	Deborah	W50+	UTN	425	4	31	1	12.80	1	8	Whitehead	Glenys	W45+	UTN	434	2	16	27.26	1	8
Eller	Lesley	W60+	UTN	409	1	8	1	29.20	1	8	Jones	Kerrie	W50+	UTN	344	3	23	22.28	1	8
Godbold	Alexander	M20+	UTN	1918	1	8		52.7	1	8	Atkinson-Howat	Braden	M20+	RYD	1926	4	29	16.92	1	8
Wu	Andrew	M20+	UTN	1922	2	14	1	4.6	1	7	Hanbury-Brown	Roberts	M50+	UTN	323	3	19	36.69	1	8
Sharpe	Bradley	M45+	UTN	426	4	32	1	1.10	1	8	Lang	Peter	M50+	RYD	230	4	28	33.76	2	7
Carey	Allen	M50+	BLKT	916	1	8	1	2.8	1	8	Cepak	Mark	M50+	UTN	368	4	25	33.72	3	6
Steggles	Kelvyn	M50+	NMA	366	4	30	1	4.6	2	7	Atkinson-Howat	Andrew	M50+	RYD	999	4	28	32.80	4	5
Byrne	Peter	M50+	HIL	1067	1	6	1	5.0	3	6	Butler-White	Simon	M50+	NMA	1218	1	4	32.03	5	4
Rose	Ian	M50+	HIL	1079	2	11	1	11.2	4	5	Barrett	Doug	M50+	UTN	302	4	14	15.22	6	3
Cepak	Mark	M50+	UTN	368	2	15	1	23.9	5	4	Napper	Stephen	M60+	HIL	1583	1	8	13.99	1	8
Wright	Noel	M60+	HIL	1066	2	16	1	8.4	1	8	Nicol	Greg	M70+	NMA	1636	5	40	27.39	1	8
Francis	Geoff	M60+	UTN	349	2	13	1	11.30	2	7	Hamilton	Brian	M70+	UTN	345	4	28	23.46	2	7
Napper	Stephen	M60+	HIL	1583	1	6	1	14.60	3	6	Soutar	Jim	M70+	NMA	1639	1	6	21.15	3	6
Allomes	Graham	M60+	SYP	799	4	32	1	20.60	4	5										
Archbold	David	M60+	UTN	300	4	26	1	28.60	5	4										
Wills	Ron	M70+	UTN	327	4	38	1	17.50	1	8										
Hobden	Charles	M70+	UTN	343	4	30	1	19.20	2	7										
SURNAME 3000m walk 2009-10	FIRST NAME	N Z AGE CAT	CLUB	REG No	WKS COMP	TOTAL POINTS	NOV 7 WK9 MIN	NOV 7 WK9 SEC	Pic WK 9	Points 9	SURNAME L Jump 2009-10	FIRST NAME	N Z AGE CAT	CLUB	REG No	WKS COMP	TOTAL POINTS	NOV 7 WK9 M	Pic WK 9	Points 9
Lloyd	Nancy	W50+	UTN	350	3	24	21	7.0	1	8	Bonser	Jessica	W18U	UTN	355	1	8	3.37	1	8
						0					Bonser	Melissa	W30+	UTN	354	2	16	2.70	1	8
Barrett	Doug	M50+	UTN	302	4	32	19	54.0	1	8	Kavanagh	Shannon	W40+	UTN	1953	1	8	4.04	1	8
Cepak	Mark	M50+	UTN	368	2	14	25	56.0	2	7							0			
Allomes	Graham	M60+	SYP	755	5	40	19	51.0	1	8	Howard	Chris	M18U	UTN	1957	2	16	4.88	1	8
Napper	Stephen	M60+	HIL	1583	1	7	21	59.0	2	7	Dyce	Christopher	M20+	UTN	383	3	24	5.16	1	8
Shoesmith	Ron	M60+	UTN	389	5	31	26	58.0	3	6	Wu	Andrew	M20+	UTN	1922	1	7	4.01	2	7
											Butler-White	Simon	M50+	NMA	1218	1	8	4.27	1	8
											Cepak	Mark	M50+	UTN	368	2	31	3.69	2	7
											Allomes	Graham	M60+	SYP	766	4	37	3.05	1	8
											Hamilton	Brian	M70+	UTN	345	4	28	2.44	1	8
											Nicol	Greg	M70+	NMA	1363	4	32	2.22	2	7

SURNAME 100m 2009-10	FIRST NAME	N Z AGE CAT	CLUB	REG No	WKS COMP	TOTAL POINTS	NOV 7 WK 9 SEC		Ptc WK 9	Points 9	SURNAME Shot Put 2009-10	FIRST NAME	N Z AGE CAT	CLUB	REG No	WKS COMP	TOTAL POINTS	NOV 7 WK9 M	Ptc WK 9	Points 9
Cepak	Eliza	W16U	UTN	371	3	24	14.20		1	8	Cosma	Celeste	W12U	L MAN	387 L3	3	24	7.68	1	8
Oreb	Nicole	W20+	UTN	WIP	1	8	15.80		1	8	Cepak	Eliza	W16U	UTN	371	4	32	8.80	1	8
Kavanagh	Shannon	W40+	PAR	1953	1	8	13.70		1	8	Bonser	Jessica	W18U	UTN	355	4	32	7.56	1	8
Gore	Suzanne	W45+	RYD	205	3	24	15.60		1	8	Bonser	Melissa	W30+	UTN	354	5	40	10.72	1	8
Culhane	Saah	W45+	UTN	TF	1	7	15.90		2	7	Mountfield	Pam	W40+	UTN	386	2	16	9.57	1	8
Drennan	Deborah	W50+	UTN	425	4	32	14.90		1	8	Kavanagh	Shannon	W40+	UTN	1953	1	7	9.42	2	7
						0					Marks	Glynis	W45+ CHE	??	2	16	8.93	1	8	
Scott	Michael	M20+	UTN	326	2	23	11.30		1	8	Whitehead	Glenys	W45+ UTN	434	2	15	7.97	2	7	
Godbold	Alexander	M20+	UTN	1918	1	7	11.80		2	7	Jones	Kerrie	W50+ UTN	344	4	31	7.39	1	8	
Wu	Andrew	M20+	UTN	1922	2	12	13.10		3	6	Thomas	Margaret	W50+ UTN	374	3	19	6.08	2	7	
Patton	Declan	M20+	UTN	331	1	5	13.20		4	5						0				
Carey	Allen	M50+	BLKT	916	1	8	13.10		1	8	Howard	Chris	M18U	UTN	1957	2	16	9.28	1	8
Steggles	Kelvyn	M50+	NMA	366	1	7	13.80		2	7	Patton	Declan	M20+	UTN	331	1	8	9.88	1	8
Stepanovich	Robert	M50+	UTN	340	4	24	13.90		3	6	Dyce	Christopher	M20+	UTN	383	4	27	9.14	2	7
Butler-White	Simon	M50+	NMA	1218	2	13	14.6		4	5	Atkinson-Howat	Braden	M20+	RYD	1926	5	30	6.26	3	6
Cepak	Mark	M50+	UTN	368	4	20	16.10		5	4	Atkinson-Howat	Andrew	M50+	RYD	999	5	35	10.49	1	8
Wright	Noel	M60+	HIL	1066	1	8	14.90		1	8	Lang	Peter	M50+	RYD	230	4	26	10.37	2	7
Francis	Geoff	M60+	UTN	349	1	7	15.30		2	7	Cepak	Mark	M50+	UTN	368	3	14	10.35	3	6
Walker	Alec	M60+	NMA	982	3	22	15.40		3	6	Butler-White	Simon	M50+	NMA	1218	2	9	10.08	4	5
Archbold	David	M60+	UTN	300	5	33	15.50		4	5	Hanbury-Brown	Roberts	M50+	UTN	323	3	18	9.38	5	4
Allomes	Graham	M60+	SYP	766	5	30	16.30		5	4	Barrett	Doug	M50+	UTN	302	4	12	6.89	6	3
Napper	Stephen	M60+	HIL	1583	1	3	16.80		6	3	Allomes	Graham	M60+	SYP	766	5	35	7.07	1	8
Shoesmith	Ron	M60+	UTN	389	4	17	17.70		7	2	Nicol	Greg	M70+	NMA	1636	5	40	8.33	1	8
Hobden	Charles	M70+	UTN	343	4	31	15.8		1	8	Hamilton	Brian	M70+	UTN	345	4	28	7.79	2	7
Soutar	Jim	M70+	NMA	1639	1	7	20.60		2	7	Soutar	Jim	M70+	NMA	1639	1	6	6.25	3	6
NOTE																				
NO Northern Zone on Sat 21st November																				
State Relay Champs at Blacktown Olympic Park																				
Saturday 21st Nov & Sunday 22nd Nov																				