

Summer Results

World Masters Indoor Athletics Championships, Kamloops, Canada, 1-6 March 2010

Marie Kay, W50 - Indoor Pentathlon 1st 4906, WR (60mH 9.55/1130, HJ 1.51m/1067, SP 12.30m/999, LJ 5.16m/1001, 800m 2:46.78/709), 200m heats 1st 28.15Q, 200m final 1st 27.33, Long Jump 1st 5.19m, High Jump 1st 1.50m, 400m final 1st 62.96, W40 4x200m Relay 2nd 1:52.32
Caroline Layt, W40 - 60m heat 6th 9.11, 200m heat 6th 31.80, Shot Put 5th 9.72m, Hammer Throw 4th 33.70m, Weight Throw 3rd 11.29m, W35 4x200m Relay 2nd 2:08.29.
Janet Naylor, W40 - 60m heat 4th 8.71, 200m heat 4th 30.36, Long Jump 4th 4.19m, W40 4x200m Relay 2nd 1:52.32
Stuart Paterson, M50 - 800m final 9th 2:20.70, 1500m heat 5th 4:59.74q, 1500m final 9th 4:53.80, M50 4x200m Relay 3rd 1:51.99

Video of W40 4x200 – Australia starts in Lane 4 with Janet 3rd runner and Marie last runner - <http://www.youtube.com/watch?v=85MFmmyZ5s>

2010 Australian Junior Championships, Sydney Olympic Park - 11/03/2010 to 14/03/2010

Girls

100 Metre Under 20 Preliminaries

Heat 2: (w: -1.3) 2, Larissa Pasternatsky, 12.09Q. 6, Tracey Morton, 12.54

Heat 3: (w: -1.1) 3, Karlie Morton, 12.14q.

Final

(w: -1.7) 3, Larissa Pasternatsky, 12.21. 7, Karlie Morton, 12.38

200 Metre Under 20 Preliminaries

Heat 1: (w: -0.6) 2, Larissa Pasternatsky, 24.45Q.

Heat 2: (w: -0.8) 1, Karlie Morton, 24.56Q. 3, Anneliese Rubie, 24.94Q. 4, Tracey Morton, 25.21.

Final

(w: -0.3) 2, Karlie Morton, 23.93. 5, Larissa Pasternatsky, 24.57. 8, Anneliese Rubie, 25.04.

400 Metre Under 20 Preliminaries

Heat 1: 1, Anneliese Rubie, 53.90Q

Finals

1, Anneliese Rubie, 53.88.

800 Metre Under 20 Preliminaries

Heat 2: 4, Ruby Hackett, 2:16.43q.

Finals

7, Ruby Hackett, , 2:15.39.

1500 Metre Under 20

5, Ruby Hackett, 4:38.47.

Javelin Throw Under 20

11, Ashleigh Knight, 36.83m.

400 Metre Under 18 Preliminaries

Heat 2: 1, Phoebe Davies, 56.83Q. 6, Libby Augustine, 58.97.

Final

2, Phoebe Davies, 55.74.

800 Metre Under 18 Preliminaries

Heat 2: 2, Frances Schmiede, 2:15.02Q.

Final

4, Frances Schmiede, 2:12.30.

1500 Metre Under 18

4, Frances Schmiede, 4:39.36.

100 Metre Under 17

4, Samantha Hulme, 12.51.

400 Metre Hurdles Under 17 Preliminaries

Heat 1: 7, Alexandra Book, 70.40

Heat 2: 7, Katie Healey, 74.70.

90 Metre Hurdles Under 16 Preliminaries

Heat 2: (w: -2.5) 1, Elizabeth Clay, 13.62Q.

Final

(w: 1.3) 4, Elizabeth Clay, 13.36

200 Metre Hurdles Under 16 Preliminaries

Heat 1: (w: -2.3) 3, Elizabeth Clay, 31.32Q.

Final

(w: -2.7) 5, Elizabeth Clay, 30.31

Discus Throw Under 16

7, Eliza Cepak, 35.11m

Hammer Throw Under 16

6, Eliza Cepak, 30.88m

Javelin Throw Under 16

4, Eliza Cepak, 34.10m

200 Metre Hurdles Under 15 Preliminaries

Heat 1: (w: -1.4) 1, Courtney Boyle, 30.54Q.

Final

(w: -1.8) 2, Courtney Boyle, 30.20

100 Metre Under 14

(w: 0.3) 7, Courtney Boyle, 13.38

200 Metre Under 14

(w: -0.2) 1, Courtney Boyle, 26.45

80 Metre Hurdles Under 14

(w: -1.8) 6, Gabriella O'Grady, 13.75

Boys

100 Metre Under 20 Preliminaries

Heat 1: (w: -4.4) 1, Lewis Clark, 11.13Q. 8, Thomas Slood, 12.31.

Final

(w: -2.5) 4, Lewis Clark, 10.90.

B 200 Metre Under 20 Preliminaries

Heat 2: (w: 0.2) 5, James Dooley, 22.40.

Heat 3: (w: -1.2) 1, Lewis Clark, 21.90Q.

Final

(w: -1.0) 4, Lewis Clark, 21.89.

400 Metre Under 20 Preliminaries

Heat 2: 8, Alex Pettigrew, 50.73.

Heat 3: 5, James Dooley, 49.73. 7, Thomas Sloot, 50.52..

5000 Metre Under 20

6, Xavier Black, 15:22.39.

100 Metre Under 18 Preliminaries

Heat 2: (w: +0.0) 3, Matthew Hulme, 11.27q.

Final

(w: +0.0) 7, Matthew Hulme, 11.22.

800 Metre Under 18 Preliminaries

Heat 1: 9, Myalls Paterson, 2:02.31.

3000 Metre Under 18

6, Xavier Black, 8:52.67. 13, Andrew Selsosse, 9:19.60.

2000 Metre Steeplechase Under 18

2, Andrew Selsosse, 6:11.34.

Triple Jump Under 18

10, Matthew Gardiner, 11.99m, w:1.4.

Shot Put Under 18

8, Matt Mountfort, 13.94m.

3000 Metre Run Under 17

1, Ruairidh Mac Donald, 8:43.75.

2000 Metre Steeplechase Under 17

4, Ruairidh Mac Donald, 6:10.05.

Javelin Throw Under 17

6, Scott MacLennan, 49.85m

100 Metre Under 16 Preliminaries

Heat 1: (w: -2.6) 2, Anthony Collum, 11.72Q.

Final

(w: -2.9) 7, Anthony Collum, 11.85.

Boys 200 Metre Under 16 Preliminaries

Heat 1: (w: -0.2) 6, Anthony Collum, 23.71.

Boys 100 Metre Hurdles Under 16 Preliminaries

Heat 2: (w: -0.3) 3, William Richardson, , 14.31Q.

Boys 100 Metre Hurdles Under 16 Finals

(w: 0.7) 4, William Richardson, , 13.73. 5,

Boys 200 Metre Hurdles Under 16 Preliminaries

Heat 1: (w: -3.6) 2, William Richardson, , 27.48Q.

Boys 200 Metre Hurdles Under 16 Finals

(w: -2.1) 2, William Richardson, , 26.82.

Boys Javelin Throw Under 16

3, Tyson Davis, , 46.75m.

Boys 400 Metre Dash Under 14

2, Matthew Crowe, , 62.15.

Boys High Jump Under 14

5, Matthew Crowe, , 1.45m.

Boys Long Jump Under 14

3, Alexander Diamond, , 5.01m, w:2.9. 4, Matthew Crowe, , 4.89m, w:1.7.

Boys Triple Jump Under 14

3, Alexander Diamond, , 11.53m, w:1.0

Boys Javelin Throw Under 14

3, Alexander Diamond, , 29.30m. 6, Will North, , 27.14m