

| SURNAME 800m | FIRST NAME | N Z AGE CAT | CLUB | REG No | TOTAL POINTS | NOV 22 WK 10 | NOV 22 SEC WK 10 | Pic WK 10 | Points 10 | SURNAME Weight | FIRST NAME | GEN | N Z AGE CAT | CLUB | REG No | TOTAL POINTS | NOV 22 M WK 10 | Pic WK 10 | Points 10 |
|-----------------|---------------|-------------------|-------|-----------|-----------------|------------------------|------------------------|--------------|--------------|-------------------|---------------|-----|-------------------|-------|-----------|-----------------|----------------------|--------------|--------------|
| Kavanagh | Shannon | W30+ | PAR | 2206 | 32 | 3 | 1.10 | 1 | 8 | Bonser | Jessica | FEM | W18U | UTN | 2004 | 24 | 10.40 | 1 | 8 |
| Gore | Suzanne | W45+ | RYD | 2230 | 23 | 2 | 47.30 | 1 | 8 | Holahan | Melissa | FEM | W20+ | WAL | 2344 | 16 | 14.49 | 1 | 8 |
| Lloyd | Nancy | W50+ | UTN | 183 | 26 | 3 | 57.80 | 1 | 8 | Bonser | Melissa | FEM | W30+ | UTN | 2033 | 24 | 9.68 | 1 | 8 |
| Senior | Jillian | W50+ | UTN | 1023 | 24 | 4 | 4.10 | 2 | 7 | Jones | Kerrie | FEM | W50+ | UTN | 2031 | 28 | 7.62 | 1 | 8 |
| | | | | | 0 | | | | | Senior | Jillian | FEM | W50+ | UTN | 1023 | 15 | 6.75 | 2 | 7 |
| Sharpe | Brabley | M45+ | UTN | 1005 | 31 | 2 | 30.20 | 1 | 8 | Thomas | Margaret | FEM | W50+ | UTN | 2035 | 19 | 6.53 | 3 | 6 |
| Rose | Ian | M50+ | HIL | 985 | 32 | 2 | 29.10 | 1 | 8 | | | | | | | 0 | | | |
| Wright | Noel | M60+ | HIL | 976 | 24 | 2 | 33.10 | 1 | 8 | Atkinson-Howatt | Braden | M | M20+ | RYDE | 3161 | 27 | 4.43 | 1 | 8 |
| Wills | Ron | M60+ | UTN | 570 | 33 | 3 | 3.70 | 2 | 7 | Hanbury-Brown | Roberts | M | M50+ | MAST | 1636 | 13 | 12.54 | 1 | 8 |
| Allomes | Graham | M60+ | SYD P | 628 | 32 | 3 | 11.20 | 3 | 6 | Atkinson-Howatt | Andrew | M | M50+ | RYDE | 686 | 24 | 12.41 | 2 | 7 |
| Gravitis | Vilis | M60+ | STG | 411 | 19 | 3 | 34.00 | 4 | 5 | Lang | Peter | M | M50+ | UTN | 2032 | 28 | 10.73 | 3 | 6 |
| Hyde | Brendan | M60+ | UTN | 564 | 5 | 5 | 3.50 | 5 | 4 | Nicol | Greg | M | M60+ | MAST | 2737 | 14 | 7.76 | 1 | 8 |
| Shoesmith | Ron | M60+ | UTN | 842 | 9 | 5 | 6.10 | 6 | 3 | Sturzaker | John. H | M | M70+ | SYD P | 1948 | 8 | 9.95 | 1 | 8 |
| Hobden | Charles | M70+ | UTN | 678 | 33 | 3 | 23.50 | 1 | 1 | Soutar | Jim | M | M70+ | NMA | 3357 | 0 | 8.46 | 2 | 7 |
| | | | | | 0 | | | | | | | | | | | | | | |
| SURNAME 200m | FIRST NAME | N Z AGE CAT | CLUB | REG No | TOTAL POINTS | Points 10 | NOV 22 SEC WK 10 | Pic WK 10 | Points 10 | SURNAME Discus | FIRST NAME | GEN | N Z AGE CAT | CLUB | REG No | TOTAL POINTS | NOV 22 M WK 10 | Pic WK 10 | Points 10 |
| Holahan | Melissa | W20+ | WAL | 2344 | 22 | 8 | 36.00 | 1 | 8 | Bonser | Jessica | FEM | W18U | UTN | 2004 | 32 | 22.06 | 1 | 8 |
| Kavanagh | Shannon | W30+ | PARR | 2206 | 32 | 8 | 29.60 | 1 | 8 | Holahan | Melissa | FEM | W20+ | WAL | 2344 | 24 | 30.75 | 1 | 8 |
| Gore | Suzanne | W45+ | RYDE | 2230 | 24 | 8 | 32.20 | 1 | 8 | Bonser | Melissa | FEM | W30+ | UTN | 2033 | 31 | 25.38 | 1 | 8 |
| Thomas | Margaret | W50+ | UTN | 2035 | 35 | 8 | 38.20 | 1 | 8 | Kavanagh | Shannon | FEM | W30+ | PARR | 2266 | 30 | 23.71 | 2 | 7 |
| Senior | Jillian | W50+ | UTN | 1023 | 20 | 7 | 41.50 | 2 | 8 | Gore | Suzanne | FEM | W45+ | RYDE | 2230 | 24 | 18.59 | 1 | 8 |
| Lloyd | Nancy | W50+ | UTN | 183 | 20 | 6 | 45.40 | 3 | 8 | Jones | Kerrie | FEM | W50+ | UTN | 2031 | 38 | 18.87 | 1 | 8 |
| | | | | | 0 | | | | | Thomas | Margaret | FEM | W50+ | UTN | 2035 | 33 | 18.45 | 2 | 7 |
| Olabinri | Tekombo | M45+ | RBOT | ? | 8 | 8 | 27.20 | 1 | 8 | Senior | Jillian | FEM | W50+ | UTN | 1023 | 24 | 13.61 | 3 | 6 |
| Hanbury-Brow | Roberts | M50+ | MAST | 1636 | 8 | 8 | 29.80 | 1 | 8 | Jones | Karen | FEM | W50+ | UTN | 1798 | 9 | 11.87 | 4 | 5 |
| Rose | Ian | M50+ | HILLS | 985 | 15 | 7 | 32.60 | 2 | 8 | | | | | | | 0 | | | |
| Wright | Noel | M60+ | HIL | 976 | 24 | 8 | 32.90 | 1 | 8 | Atkinson-Howatt | Braden | M | M20+ | RYDE | 3161 | 32 | 18.90 | 1 | 8 |
| Barber | Tom | M60+ | HIL | 1231 | 14 | 7 | 33.00 | 2 | 8 | Atkinson-Howatt | Andrew | M | M50+ | RYDE | 686 | 32 | 37.11 | 1 | 8 |
| Allomes | Graham | M60+ | SYD P | 628 | 31 | 6 | 35.20 | 3 | 8 | Hanbury-Brown | Roberts | M | M50+ | MAST | 1636 | 21 | 32.67 | 2 | 7 |
| Wills | Ron | M60+ | UTN | 570 | 26 | 5 | 35.60 | 4 | 8 | Lang | Peter | M | M50+ | UTN | 2032 | 33 | 29.59 | 3 | 6 |
| Shoesmith | Ron | M60+ | UTN | 842 | 14 | 4 | 42.70 | 5 | 8 | Douglas | Ross | M | M50+ | UTN | 727 | 5 | 22.03 | 4 | 5 |
| Hobden | Charles | M70+ | UTN | 678 | 40 | 8 | 34.00 | 1 | 8 | Barber | Tom | M | M60+ | HILLS | 1231 | 16 | 29.54 | 1 | 8 |
| Sturzaker | John. H | M70+ | SYD P | 1948 | 21 | 7 | 37.70 | 2 | 8 | Wright | Noel | M | M60+ | HIL | 976 | 21 | 26.67 | 2 | 7 |
| | | | | | | | | | | Nicol | Greg | M | M60+ | MAST | 2737 | 20 | 26.14 | 3 | 6 |
| | | | | | | | | | | Peters | Noel | M | M60+ | NMA | ? | 5 | 22.15 | 4 | 5 |
| | | | | | | | | | | Allomes | Graham | M | M60+ | SYD P | 628 | 31 | 20.09 | 5 | 4 |
| | | | | | | | | | | Sturzaker | John. H | M | M70+ | SYD P | 1948 | 24 | 23.44 | 1 | 8 |
| | | | | | | | | | | Soutar | Jim | M | M70+ | NMA | 3357 | 7 | 19.75 | 2 | 7 |
| SURNAME 60m | FIRST NAME | N Z AGE CAT | CLUB | REG No | TOTAL POINTS | Points 10 | NOV 22 WK 10 | Pic WK 10 | Points 10 | SURNAME T Jump | FIRST NAME | GEN | N Z AGE CAT | CLUB | REG No | TOTAL POINTS | NOV 22 M WK 10 | Pic WK 10 | Points 10 |
| Bonser | Jessica | W18U | UTN | 2004 | 16 | 8 | 10.70 | 1 | 8 | Bonser | Jessica | FEM | W18U | UTN | 2004 | 23 | 7.00 | 1 | 8 |
| Holahan | Melissa | W20+ | WAL | 2344 | 23 | 8 | 9.60 | 1 | 8 | Holahan | Melissa | FEM | W20+ | WAL | 2344 | 24 | 8.50 | 1 | 8 |
| Kavanagh | Shannon | W30+ | PAR | 2206 | 32 | 8 | 9.10 | 1 | 8 | Senior | Jillian | FEM | W50+ | UTN | 1023 | 24 | 6.86 | 1 | 8 |
| Gore | Suzanne | W45+ | RYD | 2230 | 23 | 8 | 10.40 | 1 | 8 | Thomas | Margaret | FEM | W50+ | UTN | 2035 | 29 | 6.80 | 2 | 7 |
| Thomas | Margaret | W50+ | UTN | 2035 | 38 | 8 | 10.80 | 1 | 8 | | | | | | | 0 | | | |
| Senior | Jillian | W50+ | UTN | 1023 | 21 | 7 | 11.20 | 2 | 8 | Hanbury-Brown | Roberts | M | M50+ | MAST | 1636 | 8 | 9.48 | 1 | 8 |
| | | | | | 0 | | | | | Peters | Noel | M | M60+ | NMA | ? | 8 | 8.84 | 1 | 8 |
| Olabinri | Tekombo | M45+ | RBOT | ? | 8 | 8 | 8.80 | 1 | 8 | Barber | Tom | M | M60+ | HILLS | 1231 | 7 | 8.63 | 2 | 7 |
| Peters | Noel | M60+ | NMA | ? | 8 | 8 | 9.60 | 1 | 8 | Wright | Noel | M | M60+ | HIL | 976 | 14 | 7.70 | 3 | 6 |
| Shoesmith | Ron | M60+ | UTN | 842 | 27 | 7 | 12.40 | 2 | 8 | Sturzaker | John. H | M | M70+ | SYD P | 1948 | 24 | 7.56 | 1 | 8 |
| Sturzaker | John. H | M70+ | SYD P | 1948 | 23 | 8 | 10.30 | 1 | 8 | Soutar | Jim | M | M70+ | NMA | 3357 | 7 | 5.82 | 2 | 7 |
| Hobden | Charles | M70+ | UTN | 678 | 38 | 7 | 10.40 | 2 | 8 | | | | | | | | | | |
| SURNAME 3k | FIRST NAME | N Z AGE CAT | CLUB | REG No | TOTAL POINTS | NOV 22 MIN WK 10 | NOV 22 SEC WK 10 | Pic WK 10 | Points 10 | | | | | | | | | | |
| Sharpe | Brabley | M45+ | UTN | 1005 | 32 | 11 | 34.20 | 1 | 8 | | | | | | | | | | |
| Rose | Ian | M50+ | HIL | 985 | 32 | 11 | 20.90 | 1 | 8 | | | | | | | | | | |
| Wright | Noel | M60+ | HIL | 976 | 18 | 13 | 22.50 | 1 | 7 | | | | | | | | | | |
| Wills | Ron | M60+ | UTN | 570 | 26 | 15 | 17.00 | 2 | 6 | | | | | | | | | | |
| Allomes | Graham | M60+ | SYD P | 628 | 26 | 15 | 30.00 | 3 | 5 | | | | | | | | | | |
| Archbold | David | M60+ | UTN | 720 | 17 | 16 | 5.10 | 4 | 4 | | | | | | | | | | |

| SURNAME 1500m walk | FIRST NAME | N Z AGE CAT | CLUB | REG No | TOTAL POINTS | NOV 22 MIN WK-10 | NOV 22 SEC WK 10 | Pic WK 10 | Points 10 | SURNAME Shot Put SERIES 2 | FIRST NAME | GEN | N Z AGE CAT | CLUB | REG No | TOTAL POINTS | NOV 22 M WK 10 | Pic WK 10 | Points 10 |
|-----------------------|---------------|-------------------|-------|-----------|-----------------|------------------------|------------------------|--------------|--------------|---------------------------------|---------------|-----|-------------------|-------|-----------|-----------------|----------------------|--------------|--------------|
| Lloyd | Nancy | W50+ | UTN | 183 | 32 | 9 | 50.5 | 1 | 8 | Bonser | Jessica | FEM | W18U | UTN | 2004 | 32 | 7.78 | 1 | 8 |
| | | | | | 0 | | | | | Holahan | Melissa | FEM | W20+ | WAL | 2344 | 24 | 11.01 | 1 | 8 |
| Allomes | Graham | M60+ | SYD P | 628 | 39 | 9 | 57.3 | 1 | 8 | Bonser | Melissa | FEM | W30+ | UTN | 2033 | 32 | 10.12 | 1 | 8 |
| Hyde | Brendan | M60+ | UTN | 564 | 13 | 11 | 29.7 | 2 | 7 | Kavanagh | Shannon | FEM | W30+ | PARR | 2266 | 29 | 9.65 | 2 | 7 |
| Shoesmith | Ron | M60+ | UTN | 842 | 24 | 13 | 37.6 | 3 | 6 | Gore | Suzanne | FEM | W45+ | RYDE | 2230 | 24 | 6.05 | 1 | 8 |
| Sturzaker | John. H | M70+ | SYD P | 1948 | 8 | 11 | 9.5 | 1 | 8 | Senior | Jillian | FEM | W50+ | UTN | 1023 | 30 | 6.45 | 1 | 8 |
| | | | | | | | | | | Jones | Kerrie | FEM | W50+ | UTN | 2031 | 36 | 6.39 | 2 | 7 |
| | | | | | | | | | | Jones | Karen | FEM | W50+ | UTN | 1798 | 12 | 4.61 | 3 | 6 |
| | | | | | | | | | | | | | | | 0 | | | | |
| | | | | | | | | | | Atkinson-Howatt | Braden | M | M20+ | RYDE | 3161 | 29 | 6.18 | 1 | 8 |
| | | | | | | | | | | Atkinson-Howatt | Andrew | M | M50+ | RYDE | 686 | 29 | 10.29 | 1 | 8 |
| | | | | | | | | | | Hanbury-Brown | Roberts | M | M50+ | MAST | 1636 | 23 | 10.29 | 2 | 7 |
| | | | | | | | | | | Lang | Peter | M | M50+ | UTN | 2032 | 34 | 8.21 | 3 | 6 |
| | | | | | | | | | | Douglas | Ross | M | M50+ | UTN | 727 | 5 | 6.54 | 4 | 5 |
| | | | | | | | | | | Barber | Tom | M | M60+ | HILLS | 1231 | 15 | 8.64 | 1 | 8 |
| | | | | | | | | | | Nicol | Greg | M | M60+ | MAST | 2737 | 23 | 8.32 | 2 | 7 |
| | | | | | | | | | | Allomes | Graham | M | M60+ | SYD P | 628 | 34 | 7.62 | 3 | 6 |
| | | | | | | | | | | Peters | Noel | M | M60+ | NMA | ? | 5 | 7.17 | 4 | 5 |
| | | | | | | | | | | Sturzaker | John. H | M | M70+ | SYD P | 1948 | 23 | 7.74 | 1 | 8 |
| | | | | | | | | | | Soutar | Jim | M | M70+ | NMA | 3357 | 7 | 6.65 | 2 | 7 |