

Men's Rankings 2007/2008 Season (01/04/07-09/04/08)

As at 25 May 2008 – report errors/omissions to jaxb@optusnet.com.au & janet.naylon@bigpond.com

Rank	Mark	Wind	Convert/Rnd	Name	Age	Date & Meet	Club Record
Men Open 60m Sprint							
1	7.07	-0.4		Stephen R Andrezza	20	27/10/2007	Club Premiership Rd 1 BAN Open
2	6.9h	NWI	7.14	Jeremy T Firth	25	20/10/2007	Northern Zone 20 Oct 07
3	7.27	3.6		Ben D Noone	18	10/11/2007	Club Premiership Rd 3 SOPAC
3	7.27	NWI		Evan G O'Hanlon	19	15/12/2007	ACT Interclub
5	7.1h	NWI	7.34	Sheldon T Cummins	36	23/02/2008	Northern Zone
6	7.34	-0.1		James B Dooley	16	10/11/2007	Club Premiership Rd 3 SOPAC
7	7.2h	NWI	7.44	Oliver C Holland	18	20/10/2007	Northern Zone 20 Oct 07
8	7.54	2.5		Mitchell Roberts	21	3/11/2007	Club Premiership Rd 2 Illawong
9	7.3h	NWI	7.54	Evan James	25	23/02/2008	Northern Zone
10	7.68	1.4		Grant Quick	22	27/10/2007	Club Premiership Rd1 CBT
11	7.6h	NWI	7.84	Jon S Harwood	25	16/02/2008	Northern Zone
12	7.7h	NWI	7.94	Sean Kartun	16	23/02/2008	Northern Zone
13	7.8h	NWI	8.04	Alexander G Godbold	18	6/10/2007	Northern Zone 6 Oct 07
14	7.9h	NWI	8.14	Matthew Cheok	14	23/02/2008	Northern Zone
15	8.27	+0.1		Jeff J Sagar	53	8/03/2008	NSW Masters State C'ships
16	8.29	2.0		Michael W Stark	25	3/11/2007	Club Premiership Rd 2 Illawong
17	8.1h	NWI	8.34	Evan J Walsh	39	16/02/2008	Northern Zone
18	8.38	3.0		Daniel Nolan	14	3/11/2007	Club Premiership Rd 2 Illawong
19	8.2h	NWI	8.44	Tony Crimi	46	23/02/2008	Northern Zone
20	8.49	+0.0		Anthony Crimi	46	27/10/2007	Club Premiership Rd 1 BAN M45
21	8.3h	NWI	8.54	Hovik Keshishian	46	23/02/2008	Northern Zone
22	8.4h	NWI	8.64	Andrew Y Wu	19	24/11/2007	Northern Zone 24 Nov 07
23	8.5h	NWI	8.74	Mark P Cepak	48	8/12/2007	Northern Zone 8 Dec 07
23	8.5h	NWI	8.74	Brian Robertson	52	22/09/2007	Northern Zone 22 Sep 07
25	8.7h	NWI	8.94	Steve Ball	54	23/02/2008	Northern Zone
25	8.7h	NWI	8.94	Matthew Mountfort	14	6/10/2007	Northern Zone 6 Oct 07
27	9.07	+2.2		Alan K Lee	39	8/03/2008	NSW Masters State C'ships
28	8.9h	NWI	9.14	Ron Bendall	55	16/02/2008	Northern Zone M55
29	9.1h	NWI	9.34	Ian T Heazlewood	56	20/10/2007	Northern Zone 20 Oct 07
30	9.2h	NWI	9.44	Warren B Jones	27	20/10/2007	Northern Zone 20 Oct 07
31	9.51	+0.0		Kieran Courtney	28	27/10/2007	Club Premiership Rd1 CBT
32	9.5h	NWI	9.74	Charles Hobden	71	23/02/2008	Northern Zone
32	9.5h	NWI	9.74	Doug Barrett	55	6/10/2007	Northern Zone 6 Oct 07
34	9.6h	NWI	9.84	David P Kass	15	2/02/2008	Northern Zone
35	9.90	+0.0		Terrence Carter	50	27/10/2007	Club Premiership Rd 1 BAN
37	10.5h	NWI	10.74	Brian Hamilton	69	24/11/2007	Northern Zone 24 Nov 07
38	11.6h	NWI	11.84	Ron Shoesmith	60	16/02/2008	Northern Zone
Men Open 100m Sprint							
1	10.92	1.9		Robbie Baskin	19	24/01/2008	Allcomers - 24 Jan 08
2	11.04	1.4		Jacob Holt	21	2/12/2007	Club Premiership
3	11.07	0.8		Stephen R Andrezza	20	29/09/2007	Allcomers 6 Oct 07
4	11.18	+1.3		Evan G O'Hanlon	19	16/11/2007	ACT AWD C'ships AWD T38 World Record
5	11.21	1.9		Ashley McMahan	33	24/01/2008	Allcomers - 24 Jan 08
6	11.31	1.6		Nikolas Vosper	24	24/01/2008	Allcomers - 24 Jan 08
7	11.35	NWI		Ryan Mason	17	13/10/2007	NSW All Schools - Snr
8	11.37	1.4		Oliver C Holland	18	2/12/2007	Club Premiership
9	11.41	2.4		Ben Colless	19	10/11/2007	Club Premiership Rd 3 SOPAC
10	11.43	1.2		Phillip Krok	19	2/12/2007	Club Premiership
11	11.44	0.5		Mason Ryan	17	29/09/2007	Allcomers 6 Oct 07
12	11.49	-0.2		Sheldon T Cummins	37	8/03/2008	NSW Masters State C'ships
13	11.51	3.4		Nicholas Richards	24	10/11/2007	Club Premiership Rd 3 SOPAC
14	11.53	NWI		James B Dooley	16	17/09/2007	GPS
15	11.54	0.4		Ben D Noone	18	10/11/2007	Club Premiership Rd 3 SOPAC
15	11.54	NWI		Giuliana Fonte	16	14/09/2007	CCC
17	11.55	-1.8		Tristian Garrett	19	24/11/2007	Club Premiership
18	11.63	1.3		Matthew J Skilbeck	16	2/12/2007	Club Premiership
19	11.71	1.1		Andrew Clark	24	19/01/2008	Allcomers - 19 Jan 08
20	12.03	+0.0		Evan James	25	27/10/2007	Club Premiership Rd 1 BAN
21	11.8h	NWI	12.04	Jeremy T Firth	25	29/09/2007	Northern Zone 29 Sep 07
21	11.8h	NWI	12.04	Mitchell Robertson	21	13/10/2007	Northern Zone 13 Oct 07
24	12.33	+0.0		Grant Quick	23	27/10/2007	Club Premiership Rd 1 BAN
25	12.63	NWI		Marvin Goessler	16	27/10/2007	Club Premiership Rd1 CBT
26	12.4h	NWI	12.64	Alexander G Godbold	18	27/10/2007	Northern Zone 27 Oct 07
27	12.8h	NWI	13.04	Matthew Cheok	14	13/10/2007	Northern Zone 13 Oct 07
27	12.8h	NWI	13.04	Evan J Walsh	39	13/10/2007	Northern Zone 13 Oct 07
29	13.04	+0.0		Michael W Stark	25	27/10/2007	Club Premiership Rd1 CBT
30	13.12	-0.2		David Smith	53	21/03/2008	Australian Masters C'ships
31	12.9h	NWI	13.14	Clay H Tompkins	54	26/01/2008	Northern Zone look up age change re M55
32	13.14	+0.1		Jeff J Sagar	53	8/03/2008	NSW Masters State C'ships
33	13.18	-0.2		Daniel Nolan	14	20/10/2007	NSW All Schools - Jnr
33	13.18	1.5		Matthew Mountfort	14	2/12/2007	Club Premiership
35	13.28	+0.0		Kieran Courtney	28	27/10/2007	Club Premiership Rd 1 BAN
36	13.41	+0.0		Anthony Crimi	46	27/10/2007	Club Premiership Rd 1 BAN
37	13.3h	-2.3	13.54	Myalls A Paterson	14	24/11/2007	Club Premiership
38	13.4h	NWI	13.64	Barry Dean	30	27/10/2007	Northern Zone 27 Oct 07
38	13.4h	NWI	13.64	Andrew M Cepak	16	29/09/2007	Northern Zone 29 Sep 07
40	13.70	NWI		Peter Gontier	33	10/11/2007	Northern Zone 10 Nov 07

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Rank	Mark	Wind	Convert/Rnd	Name	Age	Date & Meet	Club Record	
41	13.5h	NWI	13.74	F	Matthew Gardiner	14	16/12/2007	LA North Met Zone
42	14.03	-1.7		F	Hovik Keshishian	46	21/03/2008	Australian Masters C'ships
43	14.12	1.0		F	Mark P Cepak	48	2/12/2007	Club Premiership
44	14.0h	NWI	14.24	F	Bradley Sharpe	46	10/11/2007	Northern Zone 10 Nov 07
45	14.1h	NWI	14.34	F	Steve Ball	54	26/01/2008	Northern Zone
46	14.60	-0.2		F	Alan K Lee	39	8/03/2008	NSW Masters State C'ships
47	14.6h	NWI	14.84	F	Ron Bendall	55	26/01/2008	Northern Zone
48	14.8h	NWI	15.04	F	Warren B Jones	27	12/01/2008	Northern Zone
49	15.16	-0.6		F	Stuart R Paterson	51	27/10/2007	Club Premiership Rd1 CBT
50	15.1h	NWI	15.34	F	Gregory Thompson	47	10/11/2007	Northern Zone 10 Nov 07
51	15.2h	NWI	15.44	F	David P Kass	15	15/09/2007	Northern Zone 15 Sep 07
52	15.4h	NWI	15.64	F	Doug Barrett	55	13/10/2007	Northern Zone 13 Oct 07
53	15.70	+0.0		F	Terrence Carter	50	27/10/2007	Club Premiership Rd 1 BAN
54	15.87	+0.5		F	Charles Hobden	71	8/03/2008	NSW Masters State C'ships
55	16.37	+3.8		F	Brian Hamilton	69	8/03/2008	NSW Masters State C'ships
56	16.3h	NWI	16.54	F	Keiran Courtney	28	15/09/2007	Northern Zone 15 Sep 07
57	16.4h	NWI	16.64	F	David Archbold	61	15/09/2007	Northern Zone 15 Sep 07
58	18.6h	NWI	18.84	F	Ron Shoesmith	60	12/01/2008	Northern Zone 2 Jan 08
Men Open 100 yards								
1	10.91m		P	Phillip Krok	19	22/12/2007	NSW SKINS Meet	
Men Open 150m Sprint								
1	16.83	NWI		F	Evan G O'Hanlon	19	15/12/2007	ACT Interclub
Men Open 200m Sprint								
1	22.01	+1.1		F	Sam X Stevens	17	13/10/2007	NSW All Schools - Snr
2	22.11	0.9		F	Robbie Baskin	18	2/12/2007	Club Premiership
3	22.32	0.7		F	Tristian Garrett	19	24/11/2007	Club Premiership
4	22.71	4.2		F	James B Dooley	17	12/01/2008	Allcomers - 12 Jan 08
5	22.75	-0.2		F	Phillip Krok	19	15/12/2007	Club Premiership Rd 6
5	22.75	-1.8		F	Jacob Holt	21	24/11/2007	Club Premiership
7	22.83	+0.6		F	Sheldon T Cummins	37	8/03/2008	NSW Masters State C'ships
8	22.6h	NWI	22.84	F	Jeremy T Firth	25	20/10/2007	Northern Zone 20 Oct 07
9	22.85	+1.5		F	Evan G O'Hanlon	19	3/11/2007	ACT Interclub
10	22.86	+1.7		P	Ben Colless	19	23/02/2008	NSW U16, U20, U23 C'ships
11	22.97	0.7		F	Stephen R Andreazza	20	29/09/2007	Allcomers 6 Oct 07
12	23.03	+0.8		F	Oliver C Holland	18	27/10/2007	Club Premiership Rd1 CBT
13	23.11	-0.1		F	Ashley McMahon	33	2/02/2008	Allcomers - 2 Feb 08
14	23.29	-1.3		F	Ben D Noone	18	13/10/2007	NSW All Schools - Snr
15	23.40	1.0		F	Matthew J Skilbeck	16	2/12/2007	Club Premiership
16	23.60	NWI		F	Giuliana Fonte	16	14/09/2007	CCC
17	23.84	0.6		F	Nikolas Vosper	24	19/01/2008	Allcomers - 19 Jan 08
18	23.88	-3.1		F	Nicholas Richards	24	24/11/2007	Club Premiership Round 4
19	24.1h	-1.3	24.34	F	Grant Quick	23	3/11/2007	Club Premiship Rd 2 Mingara
20	24.64	NWI		F	Sean Kartun	16	15/03/2008	Allcomers - 15 March 08
21	24.5h	NWI	24.74	F	Alexander G Godbold	18	6/10/2007	Northern Zone 6 Oct 07
22	25.54	-3.5		F	brenton salmon	17	6/10/2007	Allcomers 6 Oct 07
23	25.3h	NWI	25.54	F	Evan James	25	23/02/2008	Northern Zone
24	25.65	NWI		F	Matthew Cheok	14	17/09/2007	GPS
25	25.83	0.7		F	Michael Dempsey	16	15/12/2007	Club Premiership Rd 6
26	26.06	+0.6		F	Evan J Walsh	39	8/03/2008	NSW Masters State Club C'ships
27	27.19	+0.1		P	Daniel Nolan	14	20/10/2007	NSW All Schools - Jnr
28	27.1h	NWI	27.34	F	Matthew Gardiner	14	16/12/2007	LA North Met Zone
29	27.40	NWI		F	Michael W Stark	25	20/10/2007	Northern Zone 20 Oct 07
30	27.47	1.7		F	Myalls A Paterson	14	2/12/2007	Club Premiership
31	27.3h	NWI	27.54	F	Andrew M Cepak	15	22/09/2007	Northern Zone 22 Sep 07
32	28.18	+2.1		F	Stuart R Paterson	51	8/03/2008	NSW Masters State Club C'ships
33	28.35	NWI		F	Stephen R Ball	54	15/03/2008	Allcomers - 15 March 08
34	28.2h	NWI	28.44	F	Steve Ball	54	23/02/2008	Northern Zone
35	28.4h	NWI	28.64	F	Bradley Sharpe	46	8/12/2007	Northern Zone 8 Dec 07
36	28.5h	NWI	28.74	F	Tony Crimi	46	23/02/2008	Northern Zone
37	28.83	1.2		F	Mark P Cepak	48	15/12/2007	Club Premiership Rd 6
38	28.6h	NWI	28.84	F	Andrew Y Wu	19	6/10/2007	Northern Zone 6 Oct 07
39	29.1h	NWI	29.34	F	Matthew Mountfort	14	6/10/2007	Northern Zone 6 Oct 07
40	29.72	NWI		F	Trent G Morton	12	1/08/2007	Nth Sydney Region Secondary
41	30.2h	NWI	30.44	F	Hovik Keshishian	46	8/12/2007	Northern Zone 8 Dec 07
42	30.72	1.2		F	Doug Barrett	55	15/12/2007	Club Premiership Rd 6
43	30.5h	NWI	30.74	F	Brian Robertson	52	3/11/2007	Northern Zone 3 Nov07
44	31.1h	-1.3	31.34	F	Kieran Courtney	28	3/11/2007	Club Premiship Rd 2 Mingara
45	31.85	-0.9		F	Terrence Carter	50	24/11/2007	Club Premiership Round 4
46	31.8h	NWI	32.04	F	Gregory Thompson	47	24/11/2007	Northern Zone 24 Nov 07
47	32.2h	NWI	32.44	F	Warren B Jones	27	8/12/2007	Northern Zone 8 Dec 07
48	32.96	+0.8		F	Charles Hobden	71	8/03/2008	NSW Masters State Club C'ships
49	32.9h	NWI	33.14	F	David P Kass	15	16/02/2008	Northern Zone
50	33.2h	NWI	33.44	F	Alan K Lee	39	6/10/2007	Northern Zone 6 Oct 07
51	33.4h	NWI	33.64	F	David Archbold	61	22/09/2007	Northern Zone 22 Sep 07
52	34.2h	NWI	34.44	F	Geoff Francis	65	2/02/2008	Northern Zone
53	34.8h	NWI	35.04	F	Ron Wills	68	16/02/2008	Northern Zone

M35

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Rank	Mark	Wind	Convert/Rnd	Name	Age	Date & Meet	Club Record
54	35.94	+0.8		Brian Hamilton	69	21/03/2008	Australian Masters C'ships
55	40.6h	NWI	40.84	Ron Shoesmith	60	16/02/2008	Northern Zone
Men Open 300m Run							
1	37.30			Evan G O'Hanlon	19	10/11/2007	ACT Interclub
Men Open 400m Run							
1	47.00			Tristan Garrett	19	23/02/2008	NSW U16, U20, U23 C'ships
3	48.51			Sam X Stevens	17	13/10/2007	NSW All Schools - Snr
4	50.01			Ben Colless	19	8/03/2008	NSW Club C'ships
5	51.26			Oliver C Holland	18	15/12/2007	Club Premiership Rd 6
6	52.05			Ben D Noone	18	13/10/2007	NSW All Schools - Snr
7	52.1h	52.24		Grant Quick	23	3/11/2007	Club Premiership Rd 2 Mingara
8	52.31			Alexander G Godbold	18	8/03/2008	NSW Club C'ships
9	52.50			Ashley McMahan	33	24/01/2008	Allcomers - 24 Jan 08
9	52.50			Sheldon T Cummins	37	24/01/2008	Allcomers - 24 Jan 08
11	52.5h	52.64		Zac Gelder	16	3/11/2007	Club Premiership Rd 2 Mingara
12	53.03			Alexander G Godbold	18	3/03/2008	Allcomers - 3rd March 08
13	53.07			Andrew R Brazier	16	2/12/2007	Club Premiership
14	53.44			Matthew J Skilbeck	16	17/09/2007	GPS
15	53.54			James B Dooley	17	12/01/2008	Allcomers - 12 Jan 08
16	54.08			Daniel N Mellish	30	24/01/2008	Allcomers - 24 Jan 08
17	54.41			Jordan P Smith	17	1/08/2007	Nth Sydney Region Secondary
18	55.57			Dean Asonitis	16	12/01/2008	Allcomers - 12 Jan 08
19	57.96			Evan J Walsh	39	8/03/2008	NSW Masters State Club C'ships
20	58.42			Matthew Check	14	17/09/2007	GPS
21	1:00.63			Stephen R Ball	54	8/03/2008	NSW Masters State Club C'ships
22	1:00.6h	1:00.74		Myalls A Paterson	14	24/11/2007	Club Premiership
23	1:02.09			Stuart R Paterson	51	3/03/2008	Allcomers - 3rd March 08
24	1:02.1h	1:02.24		Andrew M Cepak	16	29/09/2007	Northern Zone 29 Sep 07
25	1:02.42			Michael Dempsey	16	15/12/2007	Club Premiership Rd 6
26	1:02.3h	1:02.44		Barry Dean	30	27/10/2007	Northern Zone 27 Oct 07
27	1:04.1h	1:04.24		Michael W Stark	25	13/10/2007	Northern Zone 13 Oct 07
28	1:04.3h	1:04.44		Bradley Sharpe	46	12/01/2008	Northern Zone
29	1:07.87			Doug Barrett	55	15/12/2007	Club Premiership Rd 6
30	1:08.32			Mark P Cepak	49	5/01/2008	NSW Combined Events Championship
31	1:09.82			Geoffrey W Francis	65	8/03/2008	NSW Masters State Club C'ships
32	1:10.30			Geoff Francis	66	21/03/2008	Australian Masters C'ships
33	1:14.3h	1:14.44		Gregory Thompson	47	12/01/2008	Northern Zone
34	1:16.1h	1:16.24		Ron Wills	68	27/10/2007	Northern Zone 27 Oct 07
35	1:16.75			Charles Hobden	71	8/03/2008	NSW Masters State Club C'ships
36	1:18.4h	1:18.54		Keiran Courtney	28	15/09/2007	Northern Zone 15 Sep 07
37	1:26.1h	1:26.24		David Archbold	61	15/09/2007	Northern Zone 15 Sep 07
38	1:30.7h	1:30.84		Ron Bendall	55	26/01/2008	Northern Zone
39	1:37.8h	1:37.94		Alan K Lee	39	29/09/2007	Northern Zone 29 Sep 07
40	1:42.6h	1:42.74		Ron Shoesmith	60	12/01/2008	Northern Zone
41	2:05.90			Mark Taylor	42	17/02/2008	Allcomers -17 Feb 08
Men Open 800m Run							
1	1:47.05			Nick Bromley	25	21/02/2008	Melbourne GP-IAAF Tour
3	1:54.43			Frazer S Dowling	28	15/12/2007	Club Premiership Rd 6
4	1:56.72			Jordan P Smith	18	19/01/2008	Allcomers - 19 Jan 08
5	1:57.08			Matthew Rando	19	10/11/2007	Club Premiership Rd 3 SOPAC
6	1:59.14			Alexander G Godbold	19	19/01/2008	Allcomers - 19 Jan 08
7	2:00.56			Andrew R Brazier	16	10/11/2007	Club Premiership Rd 3 SOPAC
8	2:02.20			Dean Asonitis	15	24/11/2007	Club Premiership Round 4
9	2:02.21			Daniel N Mellish	30	19/01/2008	Allcomers - 19 Jan 08
10	2:02.71			Zac Gelder	16	27/10/2007	Club Premiership Rd 1 BAN
11	2:04.36			Grant Quick	23	10/11/2007	Club Premiership Rd 3 SOPAC
12	2:06.37			Jackson Lanning	16	13/10/2007	NSW All Schools - Snr
13	2:06.41			Josh H Hall	14	20/10/2007	NSW All Schools - Jnr
14	2:10.90			Mike Hobbs	15	15/03/2008	LA State C'ships
15	2:13.41			Stuart R Paterson	51	4/09/2007	World Masters Athletics
16	2:18.63			Myalls A Paterson	14	23/02/2008	NSW U16, U20, U23 C'ships
17	2:20.48			Stephen R Ball	54	15/12/2007	Club Premiership Rd 6
18	2:20.70			Oliver C Holland	18	20/10/2007	Northern Zone 20 Oct 07
19	2:21.70			Ben D Noone	18	22/09/2007	Northern Zone 22 Sep 07
20	2:23.22			Bradley Sharpe	47	8/03/2008	NSW Masters State Club C'ships
21	2:25.3h	2:25.30		Steve Ball	54	23/02/2008	Northern Zone
23	2:29.7h	2:29.70		Andrew Y Wu	19	24/11/2007	Northern Zone 24 Nov 07
24	2:31.0h	2:31.00		Sean Kartun	16	23/02/2008	Northern Zone
25	2:31.59			Trent G Morton	12	1/08/2007	Nth Sydney Region Secondary
26	2:35.73			Doug Barrett	55	8/03/2008	NSW Masters State Club C'ships
27	2:38.70			Andrew M Cepak	15	22/09/2007	Northern Zone 22 Sep 07
28	2:44.97			Terrence Carter	50	24/11/2007	Club Premiership Round 4
29	2:49.30			Michael W Stark	25	20/10/2007	Northern Zone 20 Oct 07
30	2:52.2h	2:52.20		Gregory Thompson	47	8/12/2007	Northern Zone 8 Dec 07
31	2:53.61			Geoffrey W Francis	65	8/03/2008	NSW Masters State C'ships
32	2:55.90			Ron Wills	68	3/11/2007	Northern Zone 3 Nov 07

M70

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33	2:56.8h	2:56.80	F	Mark P Cepak	48	8/12/2007	Northern Zone 8 Dec 07
34	3:04.0h	3:04.00	F	Geoff Francis	65	2/02/2008	Northern Zone
35	3:16.4h	3:16.40	F	David P Kass	15	16/02/2008	Northern Zone
36	3:19.9h	3:19.90	F	Charles Hobden	71	8/12/2007	Northern Zone 8 Dec 07
37	3:25.10		F	David Archbold	61	22/09/2007	Northern Zone 22 Sep 07
38	4:18.20		F	Brendon Hyde	62	3/11/2007	Northern Zone 3 Nov07
39	4:22.0h	4:22.00	F	Ron Shoesmith	60	8/12/2007	Northern Zone 8 Dec 07
Men Open 1500m Run							
1	3:39.12		F	Nick Bromley	25	16/02/2008	Sydney GP
2	3:58.6h	3:58.60	F	Matthew Rando	19	3/11/2007	Club Premiership Rd 2 Mingara
3	4:00.71		F	Frazer S Dowling	29	24/01/2008	Allcomers - 24 Jan 08
4	4:01.52		F	Jordan P Smith	18	24/01/2008	Allcomers - 24 Jan 08
5	4:24.00		F	Josh H Hall	14	17/09/2007	GPS
6	4:27.90		F	Joshua Hall	14	29/09/2007	Allcomers 6 Oct 07
7	4:29.34		F	Jackson Lanning	16	13/10/2007	NSW All Schools - Snr
8	4:30.1h	4:30.10	F	Andrew R Brazier	16	24/11/2007	Club Premiership
9	4:31.87		P	Stuart R Paterson	51	4/09/2007	World Masters Athletics
10	4:34.90		F	Alexander G Godbold	18	27/10/2007	Northern Zone 27 Oct 07
11	4:36.08		F	Roger Hastie	38	24/01/2008	Allcomers - 24 Jan 08
12	4:38.27		F	Mike Hobbs	15	15/03/2008	LA State C'ships
13	4:45.80		F	Ruairidh B MacDonald	13	17/09/2007	GPS
15	4:55.70		F	Barry Dean	30	27/10/2007	Northern Zone 27 Oct 07
16	4:58.10		F	Steve Ball	54	21/03/2008	Australian Masters C'ships
17	5:01.1h	5:01.10	F	Andrew Y Wu	19	13/10/2007	Northern Zone 13 Oct 07
18	5:03.03		F	Bradley Sharpe	47	21/03/2008	Australian Masters C'ships
19	5:04.33		F	Stephen R Ball	54	2/12/2007	Club Premiership
21	5:06.57		F	Cheyne Egelton		14/09/2007	CCC
22	5:25.75		M	Doug Barrett	55	6/01/2008	Masters Outdoor Pentathlon
23	5:53.80		F	Gregory Thompson	47	10/11/2007	Northern Zone 10 Nov 07
24	6:15.50		F	Michael W Stark	25	15/09/2007	Northern Zone 15 Sep 07
25	6:18.10		F	Ron Wills	68	27/10/2007	Northern Zone 27 Oct 07
26	6:20.00		F	Peter Gontier	33	10/11/2007	Northern Zone 10 Nov 07
27	6:40.4h	6:40.40	F	Mark P Cepak	48	13/10/2007	Northern Zone 13 Oct 07
28	6:43.30		F	David Archbold	61	15/09/2007	Northern Zone 15 Sep 07
29	6:50.50		F	Evan J Walsh	39	15/09/2007	Northern Zone 15 Sep 07
30	6:55.5h	6:55.50	F	David P Kass	15	26/01/2008	Northern Zone
31	9:32.0h	9:32.00	F	Ron Shoesmith	60	12/01/2008	Northern Zone
Men Open 3000m Run							
1	8:06.35		F	Nick Bromley	24	10/11/2007	Club Premiership Rd 3 SOPAC
2	9:17.34		F	Jordan P Smith	17	8/03/2008	NSW Club C'ships
3	9:54.84		F	Alexander G Godbold	18	8/03/2008	NSW Club C'ships
4	10:35.1h	10:35.10	F	Daniel Keating	27	23/02/2008	Northern Zone
5	11:22.00		F	Bradley Sharpe	46	3/11/2007	Northern Zone 3 Nov07
7	11:30.7h	11:30.70	F	Stuart R Paterson	51	3/11/2007	Club Premiership Rd 2 Mingara
8	11:42.70		F	Andrew Y Wu	19	6/10/2007	Northern Zone 6 Oct 07
9	12:41.40		F	Doug Barrett	54	22/09/2007	Northern Zone 22 Sep 07
10	14:02.60		F	David Archbold	61	22/09/2007	Northern Zone 22 Sep 07
11	14:10.6h	14:10.60	F	Geoff Francis	65	2/02/2008	Northern Zone
12	14:48.00		F	Ron Wills	68	20/10/2007	Northern Zone 20 Oct 07
14	15:22.60		F	Mark P Cepak	48	22/09/2007	Northern Zone 22 Sep 07
15	23:01.20		F	Ron Shoesmith	60	20/10/2007	Northern Zone 20 Oct 07
Men Open 5000m Run							
1	17:55.87		F	Roger Hastie	38	2/02/2008	Allcomers - 2 Feb 08
2	19:25.34		F	Stephen R Ball	55	2/02/2008	Allcomers - 2 Feb 08
Men Open 1500m Walk							
1	8:25.40		F	Jim Seymon	70	20/10/2007	Northern Zone 20 Oct 07
2	8:42.30		F	Doug Barrett	55	6/10/2007	Northern Zone 6 Oct 07
3	9:16.10		F	Ron Wills	68	22/09/2007	Northern Zone 22 Sep 07
4	9:50.90		F	Brendon Hyde	62	20/10/2007	Northern Zone 20 Oct 07
5	10:45.60		F	Mark P Cepak	48	22/09/2007	Northern Zone 22 Sep 07
6	14:37.2h	14:37.20	F	Ron Shoesmith	60	23/02/2008	Northern Zone
Men Open 3000m Walk							
2	17:32.60		F	Jim Seymon	70	13/10/2007	Northern Zone 13 Oct 07
3	18:30.5h	18:30.50	F	Doug Barrett	55	3/11/2007	Club Premiership Rd 2 Mingara
4	18:50.00		F	Bradley Sharpe	46	10/11/2007	Northern Zone 10 Nov 07
5	19:26.90		F	Ron Wills	68	15/09/2007	Northern Zone 15 Sep 07
6	20:50.42		F	Brendon Hyde	62	24/11/2007	Club Premiership Round 4
7	20:55.20		F	Brendan Hyde	62	13/10/2007	Northern Zone 13 Oct 07
8	27:43.2h	27:43.20	F	Mark P Cepak	48	26/01/2008	Northern Zone
9	28:16.9h	28:16.90	F	Ron Shoesmith	60	9/02/2008	Northern Zone
Men Open 10000m Walk							
1	1:03:11.53		F	Jim Seymon	71	5/01/2008	NSW Combined Events Championship

Men's Rankings 2007/2008 Season (01/04/07-09/04/08)

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Rank	Mark	Wind	Convert/Rnd	Name	Age	Date & Meet	Club Record
Men Open 100m Hurdles 0.840m							
1	13.95	-0.1	F	Raymond J Smith	15	10/11/2007	Club Premiership Rd 3 SOPAC
Men Open 110m Hurdles 0.914m							
1	14.85	1.5	F	James B Dooley	16	2/12/2007	Club Premiership
2	15.05	0.5	F	Michael Dempsey	16	17/12/2007	Club Premiership
3	16.23	NWI	F	Clay H Tompkins	55	21/03/2008	Australian Masters C'ships
Men Open 110m Hurdles 0.991m							
1	14.66	+0.6	F	James B Dooley	16	6/12/2007	2007 Australian All Schools & Youth Athleti
2	15.47	NWI	F	Robert J Dunn	18	17/09/2007	GPS
3	15.49	NWI	F	Oliver C Holland	18	14/09/2007	CCC
4	26.25	NWI	F	Hovik Keshishian	46	21/03/2008	Australian Masters C'ships
5	27.21	-1.5	F	Mark P Cepak	48	8/03/2008	NSW Masters State Club C'ships
Men Open 110m Hurdles 1.067m							
1	14.34	+2.2	F	Jacob Holt	22	12/01/2008	Sydney Track Classic
Men Open 200m Hurdles 0.762m							
1	27.89	-1.5	F	Raymond J Smith	15	10/11/2007	Club Premiership Rd 3 SOPAC
2	30.07	2.6	F	Evan James	25	10/11/2007	Club Premiership Rd 3 SOPAC
3	35.23	0.5	F	Mark P Cepak	48	15/12/2007	Club Premiership Rd 6
Men Open 400m Hurdles 0.914m							
1	54.94		F	Jacob Holt	21	25/09/2007	Aust Uni Games - T&F
2	57.88		F	Ben Colless	19	10/11/2007	Club Premiership Rd 3 SOPAC
3	1:05.20		F	Sean Kartun	16	17/02/2008	Allcomers -17 Feb 08
4	1:20.0h	1:20.14	F	Mark P Cepak	48	24/11/2007	Club Premiership
Men Open 3000m StplCh 0.914m							
1	10:10.60		F	Jordan P Smith	18	5/01/2008	NSW Combined Events Championship
Men Open High Jump							
1	1.90m		F	Michael Treloar	20	25/09/2007	Aust Uni Games - T&F
2	1.85m		F	Oliver C Holland	18	14/09/2007	CCC
3	1.68m		F	Clay H Tompkins	55	21/03/2008	Australian Masters C'ships
4	1.57m		F	Chris P Cepak	14	16/12/2007	LA North Met Zone
5	1.50m		F	Andrew M Cepak	15	22/09/2007	Northern Zone 22 Sep 07
6	1.45m		F	Myalls A Paterson	14	24/11/2007	Club Premiership
7	1.44m		M	Mark P Cepak	48	4/09/2007	World Masters Athletics
8	1.40m		F	Grant Quick	23	3/11/2007	Club Premiship Rd 2 Mingara
8	1.40m		F	Anthony Butt	32	21/03/2008	Australian Masters C'ships
10	1.40m		F	Michael W Stark	25	15/12/2007	Club Premiership Rd 6
11	1.35m		F	Ben D Noone	18	22/09/2007	Northern Zone 22 Sep 07
12	1.30m		F	Terrence Carter	50	27/10/2007	Club Premiership Rd 1 BAN
Men Open Pole Vault							
1	3.50m		F	Marvin Goessler	17	2/02/2008	Allcomers - 2 Feb 08
2	3.50m		F	Anthony Butt	32	21/03/2008	Australian Masters C'ships
3	3.30m		F	Marvin Goessler	16	27/10/2007	Club Premiership Rd1 CBT
4	2.30m		F	Mark P Cepak	48	21/03/2008	Australian Masters C'ships
5	2.20m		F	Oliver C Holland	18	2/12/2007	Club Premiership
Men Open Long Jump							
1	6.83m	NWI	F	Oliver C Holland	18	27/10/2007	Club Premiership Rd1 CBT
2	5.91m	NWI	F	Ben Colless	19	8/03/2008	NSW Club C'ships
3	6.52m	+0.3	F	Robert J Dunn	18	13/10/2007	NSW All Schools - Snr
4	6.51m	NWI	F	James B Dooley	16	17/09/2007	GPS
5	5.60m	+1.0	F	Clay H Tompkins	55	8/03/2008	NSW Masters State Club C'ships
6	5.08m	NWI	F	Sean Kartun	16	15/03/2008	Allcomers - 15 March 08
7	5.02m		F	Evan J Walsh	39	13/10/2007	Northern Zone 13 Oct 07
8	4.96m		F	Grant Quick	23	3/11/2007	Club Premiship Rd 2 Mingara
9	4.89m		F	Matthew Cheok	14	29/09/2007	Northern Zone 29 Sep 07
10	4.83m		F	Alexander G Godbold	18	27/10/2007	Northern Zone 27 Oct 07
11	4.64m	3.6	F	Michael W Stark	25	2/12/2007	Club Premiership
12	4.60m	+2.5	F	Hovik Keshishian	46	21/03/2008	Australian Masters C'ships
13	4.59m	NWI	F	Mark P Cepak	48	21/03/2008	Australian Masters C'ships
14	4.56m	3.3	F	Matthew Mountfort	14	2/12/2007	Club Premiership
15	4.39m		F	Myalls A Paterson	14	3/11/2007	Club Premiship Rd 2 Mingara
16	4.21m		F	Gregory Thompson	47	12/01/2008	Northern Zone
17	4.14m		F	Terrence Carter	50	24/11/2007	Club Premiership
18	3.89m		F	Warren B Jones	27	26/01/2008	Northern Zone
19	3.85m		F	Ian T Heazlewood	56	13/10/2007	Northern Zone 13 Oct 07
20	3.80m	-0.6	F	Alan K Lee	39	8/03/2008	NSW Masters State Club C'ships
21	3.63m		F	David P Kass	15	26/01/2008	Northern Zone
22	3.57m		F	Tristan J Paterson	13	3/11/2007	Club Premiship Rd 2 Mingara
23	3.31m		F	Doug Barrett	55	10/11/2007	Northern Zone 10 Nov 07

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Men's Rankings 2007/2008 Season (01/04/07-09/04/08)

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Rank	Mark	Wind	Convert/Rnd	Name	Age	Date & Meet	Club Record
Men Open Triple Jump							
1	13.04m	0.7	F	Oliver C Holland	18	6/10/2007	Allcomers 6 Oct 07
2	12.29m	+2.3	F	Clay H Tompkins	55	8/03/2008	NSW Masters State Club C'ships
							M55? Chck for legal
3	11.11m	NWI	F	Sean Kartun	16	17/02/2008	Allcomers -17 Feb 08
4	10.88m		F	Alexander G Godbold	18	6/10/2007	Northern Zone 6 Oct 07
5	10.79m	-1.1	F	Grant Quick	23	10/11/2007	Club Premiership Rd 3 SOPAC
6	10.39m		F	Evan J Walsh	39	22/09/2007	Northern Zone 22 Sep 07
7	10.33m		F	Michael W Stark	25	15/12/2007	Club Premiership Rd 6
8	9.71m		F	Matthew Cheok	14	6/10/2007	Northern Zone 6 Oct 07
9	9.54m	-0.2	F	Michael W Stark	25	10/11/2007	Club Premiership Rd 3 SOPAC
10	9.46m	NWI	F	Mark P Cepak	48	21/03/2008	Australian Masters C'ships
11	9.15m		F	Ben D Noone	18	22/09/2007	Northern Zone 22 Sep 07
12	8.60m		F	Evan James	24	22/09/2007	Northern Zone 22 Sep 07
13	8.45m	+0.7	F	Hovik Keshishian	46	21/03/2008	Australian Masters C'ships
14	8.13m		F	Gregory Thompson	47	8/12/2007	Northern Zone 8 Dec 07
15	7.91m		F	Doug Barrett	55	20/10/2007	Northern Zone 20 Oct 07
16	7.74m	-3.9	F	Alan K Lee	39	8/03/2008	NSW Masters State Club C'ships
17	7.47m		F	Ian T Heazlewood	56	10/11/2007	Club Premiership Rd 3 SOPAC
18	7.33m		F	Matthew Mountfort	14	6/10/2007	Northern Zone 6 Oct 07
19	7.24m		F	Warren B Jones	27	8/12/2007	Northern Zone 8 Dec 07
Men Open Shot Put							
1	16.26m		F	Paul E Crowe	33	29/09/2007	Allcomers 6 Oct 07
2	15.39m		F	Luke White	17	12/01/2008	Allcomers - 12 Jan 08
3	13.89m		F	Matthew Mountfort	14	23/02/2008	NSW U16, U20, U23 C'ships
4	11.55m		F	Andrew M Cepak	15	22/09/2007	Northern Zone 22 Sep 07
5	11.16m		F	Anthony Baker	54	2/02/2008	Allcomers - 2 Feb 08
6	10.97m		F	Clay H Tompkins	55	8/03/2008	NSW Masters State C'ships
7	10.40m		F	Oliver C Holland	18	22/09/2007	Northern Zone 22 Sep 07
8	10.25m		F	Michael W Stark	25	15/09/2007	Northern Zone 15 Sep 07
9	9.87m		F	Keiran Courtney	28	22/09/2007	Northern Zone 22 Sep 07
10	9.82m		F	Ian T Heazlewood	56	21/03/2008	Australian Masters C'ships
11	9.75m		F	Warren B Jones	27	15/09/2007	Northern Zone 15 Sep 07
12	9.49m		F	Kieran Courtney	28	2/12/2007	Club Premiership
13	9.45m		F	Sean Kartun	16	15/03/2008	Allcomers - 15 March 08
14	9.24m		F	Mark P Cepak	48	22/09/2007	Northern Zone 22 Sep 07
15	9.18m		M	Peter M Lang	49	21/03/2008	Australian Masters C'ships
16	8.89m		F	Evan J Walsh	39	22/09/2007	Northern Zone 22 Sep 07
17	8.24m		F	Ronald J Bendall	55	24/11/2007	Club Premiership
18	7.74m		F	Terrence Carter	50	24/11/2007	Club Premiership Round 4
19	7.65m		F	David P Kass	15	15/09/2007	Northern Zone 15 Sep 07
20	7.10m		F	Hovik Keshishian	46	2/12/2007	Club Premiership
21	7.00m		F	Guo Cao	50	12/01/2008	Allcomers - 12 Jan 08
22	6.85m		F	Doug Barrett	54	22/09/2007	Northern Zone 22 Sep 07
23	6.74m		F	Ross B Douglas	53	22/09/2007	Northern Zone 22 Sep 07
Men Open Shot Put 3kg							
1	11.74m		F	Jack Dempsey	13	17/09/2007	GPS
Men Open Shot Put 4kg							
1	15.85m		F	Luke White	16	6/12/2007	2007 Australian All Schools & Youth Athleti
2	13.28m		F	Jordan Thompson	15	17/09/2007	GPS
3	13.23m		F	Matthew Mountfort	14	20/10/2007	NSW All Schools - Jnr
4	11.30m		F	Martin Stonis	15	1/08/2007	Nth Sydney Region Secondary
5	8.55m		F	David P Kass	15	2/02/2008	Northern Zone
6	7.45m		F	Jim McGrath	76	1/12/2007	Northern Zone 1 Dec 07
							M75
Men Open Shot Put 5kg							
1	14.70m		F	Luke White	16	13/10/2007	NSW All Schools - Snr
2	11.46m		F	Andrew M Cepak	16	29/09/2007	Northern Zone 29 Sep 07
3	10.34m		F	Sean Kartun	16	23/02/2008	Northern Zone
Men Open Shot Put 6kg							
1	11.34m		F	Anthony Baker	53	2/02/2008	Northern Zone
2	10.63m		F	Oliver C Holland	18	8/12/2007	Northern Zone 8 Dec 07
3	10.24m		F	Clay H Tompkins	54	26/01/2008	Northern Zone
4	9.47m		F	Ian T Heazlewood	56	23/02/2008	Northern Zone
5	8.43m		F	Ron Bendall	55	20/10/2007	Northern Zone 20 Oct 07
6	8.04m		F	Brian Robertson	52	3/11/2007	Northern Zone 3 Nov07
7	6.88m		F	Doug Barrett	55	13/10/2007	Northern Zone 13 Oct 07
8	6.80m		F	Peter B Douglas	53	13/10/2007	Northern Zone 13 Oct 07
9	6.42m		F	Ross B Douglas	53	6/10/2007	Northern Zone 6 Oct 07
Men Open Shot Put 7.26kg							
1	16.61m		F	Paul E Crowe	33	16/02/2008	Northern Zone
2	12.98m		F	Peter Elvy	27	23/02/2008	Northern Zone

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Rank	Mark	Wind	Convert/Rnd	Name	Age	Date & Meet	Club Record
3	12.59m		F	Jon S Harwood	25	16/02/2008	Northern Zone
4	10.43m		F	Michael W Stark	25	12/01/2008	Northern Zone
5	10.34m		F	Warren B Jones	27	23/02/2008	Northern Zone
6	10.00m		F	Keiran Courtney	28	23/02/2008	Northern Zone
7	9.47m		F	Peter M Lang	49	8/12/2007	Northern Zone 8 Dec 07
8	9.24m		F	Mark P Cepak	48	8/12/2007	Northern Zone 8 Dec 07
9	8.37m		F	Evan J Walsh	39	13/10/2007	Northern Zone 13 Oct 07
10	7.36m		F	Hovik Keshishian	46	13/10/2007	Northern Zone 13 Oct 07
Men Open Discus 1kg							
1	43.37m		F	Matthew Mountfort	14	23/02/2008	NSW U16, U20, U23 C'ships
2	28.82m		F	Jack Dempsey	13	20/10/2007	NSW All Schools – Jnr
Men Open Discus 1.5kg							
1	40.66m		F	Andrew M Cepak	16	13/10/2007	NSW All Schools - Snr
2	30.16m		F	Anthony Baker	53	23/02/2008	Northern Zone
3	34.42m		F	Clay H Tompkins	55	8/03/2008	NSW Masters State Club C'ships
3	29.02m		F	Sean Kartun	16	23/02/2008	Northern Zone
4	28.71m		F	Marvin Goessler	16	4/09/2007	AICES
6	28.48m		F	Anthony Baker	53	22/09/2007	Northern Zone 22 Sep 07
11	25.40m		F	Ian T Heazlewood	56	27/10/2007	Club Premiership Rd 1 BAN
5	23.79m		F	Ian T Heazlewood	56	16/02/2008	Northern Zone
14	23.68m		F	Ross B Douglas	53	22/09/2007	Northern Zone 22 Sep 07
6	23.66m		F	Peter B Douglas	53	16/02/2008	Northern Zone
7	22.63m		F	Doug Barrett	55	20/10/2007	Northern Zone 20 Oct 07
16	22.48m		F	Peter B Douglas	53	15/12/2007	Club Premiership Rd 6
17	22.09m		F	Doug Barrett	55	27/10/2007	Club Premiership Rd 1 BAN
18	21.40m		F	Terrence Carter	50	27/10/2007	Club Premiership Rd1 CBT
8	21.43m		F	Ross B Douglas	53	6/10/2007	Northern Zone 6 Oct 07
Men Open Discus 1.75kg							
1	28.48m		F	Oliver C Holland	18	8/12/2007	Northern Zone 8 Dec 07
2	17.65m		F	Alexander G Godbold	18	6/10/2007	Northern Zone 6 Oct 07
Men Open Discus 2kg							
1	58.92m		F	Peter Elvy	28	28/02/2008	Aust Open C'ships
2	44.86m		F	Paul E Crowe	33	23/02/2008	Northern Zone
3	32.81m		F	Michael W Stark	25	23/02/2008	Northern Zone
4	29.93m		F	Warren B Jones	27	8/12/2007	Northern Zone 8 Dec 07
5	27.84m		F	Peter M Lang	49	24/11/2007	Northern Zone 24 Nov 07
6	27.79m		F	Mark P Cepak	48	8/03/2008	NSW Masters State Club C'ships
7	26.01m		P	Kieran Courtney	28	25/09/2007	Aust Uni Games - T&F
8	24.45m		F	Oliver C Holland	18	15/12/2007	Club Premiership Rd 6
9	24.14m		F	Guo Cao	49	27/10/2007	Club Premiership Rd 1 BAN
10	22.80m		F	Evan J Walsh	39	22/09/2007	Northern Zone 22 Sep 07
11	16.85m		F	Hovik Keshishian	46	20/10/2007	Northern Zone 20 Oct 07
Men Open Hammer 4kg							
1	21.67m		F	Matthew Mountfort	14	13/10/2007	Northern Zone 13 Oct 07
2	15.68m		F	Charles Hobden	71	27/10/2007	Northern Zone 27 Oct 07
Men Open Hammer 6kg							
1	26.75m		F	Anthony Baker	53	26/01/2008	Northern Zone
2	23.57m		F	Clay H Tompkins	54	26/01/2008	Northern Zone
6	24.66m		F	Ross B Douglas	53	24/11/2007	Club Premiership
8	21.72m		M	Ian T Heazlewood	56	21/03/2008	Australian Masters C'ships
5	16.56m		F	Doug Barrett	55	13/10/2007	Northern Zone 13 Oct 07
7	24.30m		F	Anthony Baker	53	15/09/2007	Northern Zone 15 Sep 07
Men Open Hammer 7.26kg							
1	54.61m		F	Jon S Harwood	26	28/02/2008	Aust Open C'ships
2	38.68m		F	Warren B Jones	27	26/01/2008	Northern Zone
3	35.74m		F	Michael W Stark	25	23/02/2008	Northern Zone
4	30.77m		F	Mark P Cepak	48	21/03/2008	Australian Masters C'ships
5	29.36m		F	Peter M Lang	49	26/01/2008	Northern Zone
6	28.34m		F	Mark P Cepak	48	23/02/2008	Northern Zone
7	20.80m		F	Kieran Courtney	28	25/09/2007	Aust Uni Games - T&F
8	15.60m		F	Evan J Walsh	39	13/10/2007	Northern Zone 13 Oct 07
9	12.82m		F	Hovik Keshishian	46	13/10/2007	Northern Zone 13 Oct 07
10	14.72m		F	Guo Cao	49	10/11/2007	Club Premiership Rd 3 SOPAC
Men Open Javelin 600g							
1	16.20m		F	Tristan J Paterson	13	3/11/2007	Club Premiship Rd 2 Mingara
Men Open Javelin 700g							
1	49.46m		F	Andrew M Cepak	16	29/09/2007	Northern Zone 29 Sep 07
2	39.52m		F	Clay H Tompkins	54	26/01/2008	Northern Zone
3	30.45m		F	Marvin Goessler	16	4/09/2007	AICES

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4	27.98m		F	Ian T Heazlewood	56	13/10/2007	Northern Zone 13 Oct 07	
5	26.48m		F	Anthony Baker	53	15/09/2007	Northern Zone 15 Sep 07	
6	24.98m		F	Matthew Mountfort	14	13/10/2007	Northern Zone 13 Oct 07	
7	23.94m		F	Doug Barrett	55	3/11/2007	Club Premiship Rd 2 Mingara	
8	22.12m		F	David P Kass	15	26/01/2008	Northern Zone	
9	21.16m		F	Ronald J Bendall	55	3/11/2007	Club Premiship Rd 2 Mingara	
10	19.00m		F	Terrence Carter	50	24/11/2007	Club Premiership	
11	18.53m		F	Stephen R Ball	54	3/11/2007	Club Premiship Rd 2 Mingara	
Men Open Javelin 800g								
1	48.29m		F	Christopher G Dyce	20	2/02/2008	Allcomers - 2 Feb 08	
2	40.23m		F	Oliver C Holland	18	15/12/2007	Club Premiership Rd 6	
3	38.33m		F	Michael W Stark	25	26/01/2008	Northern Zone	
4	35.77m		F	Sean Kartun	16	15/03/2008	Allcomers - 15 March 08	
5	35.27m		F	Mark P Cepak	48	29/09/2007	Northern Zone 29 Sep 07	M45
6	35.22m		M	Peter M Lang	49	21/03/2008	Australian Masters C'ships	
7	34.37m		F	Warren B Jones	27	12/01/2008	Northern Zone	
8	34.35m		F	Peter Gontier	33	29/09/2007	Northern Zone 29 Sep 07	
9	34.32m		F	Peter M Lang	49	27/10/2007	Northern Zone 27 Oct 07	
10	33.01m		F	Guo Cao	49	27/10/2007	Club Premiership Rd 1 BAN	
11	30.15m		F	Evan J Walsh	39	15/09/2007	Northern Zone 15 Sep 07	
12	28.03m		F	Kieran Courtney	28	3/11/2007	Club Premiship Rd 2 Mingara	
13	23.99m		F	Grant Quick	23	3/11/2007	Club Premiship Rd 2 Mingara	
15	23.01m		F	Evan James	24	15/09/2007	Northern Zone 15 Sep 07	
16	21.55m		F	David P Kass	15	15/09/2007	Northern Zone 15 Sep 07	
17	19.33m		F	Hovik Keshishian	46	15/09/2007	Northern Zone 15 Sep 07	
Men Open Wght Thr 7.26kg								
1	8.95m		F	Charles Hobden	71	8/12/2007	Northern Zone 8 Dec 07	M70
5	8.48m		F	Matthew Mountfort	14	6/10/2007	Northern Zone 6 Oct 07	
Men Open Wght Thr 11.34kg								
1	9.79m		F	Anthony Baker	53	22/09/2007	Northern Zone 22 Sep 07	M50
2	9.64m		F	Brian Robertson	52	3/11/2007	Northern Zone 3 Nov07	
3	8.54m		F=	Ian T Heazlewood	56	23/02/2008	Northern Zone	
4	6.11m		F	Doug Barrett	54	22/09/2007	Northern Zone 22 Sep 07	
Men Open Wght Thr 15.88kg								
1	15.17m		F	Jon S Harwood	25	16/02/2008	Northern Zone	
2	11.46m		F	Warren B Jones	27	22/09/2007	Northern Zone 22 Sep 07	
3	10.92m		F	Michael W Stark	25	23/02/2008	Northern Zone	
4	10.55m		M	Mark P Cepak	48	21/03/2008	Australian Masters C'ships	M45
5	10.27m		F	Paul E Crowe	33	23/02/2008	Northern Zone	
6	9.11m		F	Mark P Cepak	48	4/09/2007	World Masters Athletics	
7	9.09m		F	Peter M Lang	49	2/02/2008	Northern Zone	
8	8.55m		F	Oliver C Holland	18	8/12/2007	Northern Zone 8 Dec 07	
9	5.37m		F	Hovik Keshishian	46	20/10/2007	Northern Zone 20 Oct 07	
Men Open Decathlon								
1	3112		F	Mark P Cepak	48	4/09/2007	World Masters Athletics	
Men Open Out Pent								
1	2182		F	Doug Barrett	55	6/01/2008	Masters Outdoor Pentathlon	
2	1827		F	Mark P Cepak	48	6/01/2008	Masters Outdoor Pentathlon	
Men Open Wght Pent								
1	2305		F	Mark P Cepak	48	21/03/2008	Australian Masters C'ships	
2	2291		F	Peter M Lang	49	21/03/2008	Australian Masters C'ships	
3	2264		F	Ian T Heazlewood	56	21/03/2008	Australian Masters C'ships	
Out of Stadium								
Men Open 2000m Run								
1	7:22.00		F	Ruairidh B MacDonald	13	14/07/2007	NSW Short Course Cross Country	
Men Open 3000m Road Run								
1	15:03.00		F	Tristan J Paterson	13	5/05/2007	NSW Road C'ships	
Men Open 3000m Run xc								
1	10:51.00		F	Ruairidh B MacDonald	13	1/09/2007	Australian Cross Country C'ships	
Men Open 4000m Run								
1	18:24.00		F	Myalls A Paterson	14	5/05/2007	NSW Road C'ships	
Men Open 4000m Run xc								
1	14:21.00		F	Jackson Lanning	16	28/04/2007	NSW Novice	
2	18:01.00		F	Doug Barrett	55	28/04/2007	NSW Novice	
State xc relays to add								

Men's Rankings 2007/2008 Season (01/04/07-09/04/08)

As at 25 May 2008 – report errors/omissions to jaxb@optusnet.com.au & janet.navlon@bigpond.com

Rank	Mark	Wind	Convert/Rnd	Name	Age	Date & Meet	Club Record	
Men Open 5000m Run XC								
1	17:03.00		F	Matthew Rando	19	14/07/2007	NSW Short Course Cross Country	
4	19:47.00		F	Andrew R Brazier	16	14/07/2007	NSW Short Course Cross Country	
5	25:04.00		F	Geoffrey W Francis	65	14/07/2007	NSW Short Course Cross Country	
6	26:40.00		F	David Archbold	61	14/07/2007	NSW Short Course Cross Country	
Men Open 8000m Run								
1	27:41.00		F	Matthew Rando	19	5/05/2007	NSW Road C'ships	
Men Open 8000m Run XC								
1	28:04.00		F	Stuart R Paterson	51	4/09/2007	World Masters Athletics	
2	36:14.0h	36:14.00	F	Bradley Sharpe	47	21/03/2008	Australian Masters C'ships	
Men Open 8500m Run XC								
1	37:26.00		F	Stephen R Ball	53	14/07/2007	NSW Short Course Cross Country	
2	39:01.00		F	Bradley Sharpe	46	14/07/2007	NSW Short Course Cross Country	
3	45:02.00		F	Doug Barrett	54	14/07/2007	NSW Short Course Cross Country	
Men Open 10000m Run								
1	39:06.00		F	Stuart R Paterson	51	5/05/2007	NSW Road C'ships	
2	51:58.00		F	Geoffrey W Francis	65	5/05/2007	NSW Road C'ships	
Men Open 12000m Run XC								
1	48:40.00		F	Stuart R Paterson	50	23/06/2007	NSW Cross Country C'ships	
Men Open 20 Mile Walk								
1	2:46.2h	NWI	2:46.44	F	Brendon Hyde	63	21/03/2008	Australian Masters C'ships
Men Open 5000m Walk								
1	30:22.00		F	Jim Seymon	70	27/06/2007	NSW Short Walks	
Men Open 10000m Walk Road								
1	1:01:00.0h	1:01:00.00		Jim Seymon	70	27/05/2007	NSW Team Walks	
Men Open 15000m Walk								
1	1:40:14.00		F	Jim Seymon	69	15/07/2007	NSW Long Walks	
2	2:03:44.00		F	Brendon Hyde	62	15/07/2007	NSW Long Walks	