

NORTH STAR – 13 April 2010

Hello all,

I must first mention that I am sorry for not keeping up with sending the north stars as much as I should (or want) to. I will try to improve my performance in this department (just as the summer season is ending). With that out of the way, news:

1. Athletics NSW Annual Awards Dinner - Saturday 1st May 2010 at Sebel Ballroom, The Sebel Parramatta, 350 Church Street, Parramatta. 6.30pm for 7pm start.

Tickets are \$80 per person or if we can get a table of 10 it is \$70 per person. Let's see if we can get at least 2 tables!

Congratulations to the following finalists for the 2009/10 Athletics NSW Annual Awards!!!

Marie Kay – Sprints/Hurdles (Masters), Jumps (Masters)
Clay Tompkins – Jumps (Masters)
Suzanne Brown – Walks (Masters)
Peter Higgins – Official of the Year
Penny Gillies – Coach of the Year
David Archbold – Administrator of the Year
UTS Norths has also been nominated for Metropolitan Club of the Year

Bookings close on 16th April 2010 so please RSVP to Peter Douglas peter.douglas@bigpond.com (ph 9411 8480) **asap if you would like to attend.** We would prefer payment in advance - please forward your cheque for \$70 to the club's address at PO Box 516, Artarmon, NSW 1570 & make the cheque payable to "UTS Norths Athletics Club." Otherwise we will collect the money from you on the night. NB Award nominees only have to pay \$40.

2. Advance notice for the UTS Norths Athletics Club Annual Dinner and Presentation Night on Saturday 22nd May at North Ryde RSL Club. More details to follow soon;

3. NSW Novice Cross Country Championships at Ramsgate - Saturday 24th April 2010. See ANSW website for further details;

4. Sydney:10

The Sydney 10 Road Race, incorporating the NSW Road Championships, will take place on 1st May. The website for this competition is now available at www.sydney10.com.au

5. West Metropolitan Road & Cross Country Series - this is now up and running on Saturday afternoons through the autumn and winter months. We had over 150 on week 1 at Haberfield. If you haven't been before, why not come along and have a run! The starting times and distances are as follows:

2pm 2km
2.25pm 4km
3pm 8km - 10km

Cost is only \$2 per run. For details of the program, see our website under "calendar"
<http://utsnorthsath.com.au/calendar.htm>

There have been a number of impressive performances in the last couple of months from our athletes as well which I will compile and send out in my next wrap (Hopefully next week - I have to fly to NZ tomorrow for work).

Cheers,

Michael Stark
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