

North Star Wed 9 December 2009

Congratulations to everyone who competed at **State Relays!** We won the most medals ever, set numerous club records, several meet records and 1 national record; all on one of Sydney's hottest weekends. As a result we also lead the scoring for Club Premiership.

Round 4 of **Club Premiership** followed the weekend after and it was another hot one and again UTS Norths dominated and look set to win all rounds of the competition.

Last weekend saw 20 of our young athletes contest the **National All Schools and Youth Championships** in Hobart - again some very impressive performances. Karlie Morton was outstanding in winning the U17 200m - she has won her age 200m at All Schools every year she has competed!

Let's make history this weekend at the final round of Club Premiership! In winning this weekend we will not only win the competition but will be the first Club to have won every single round. Competition is at SOPAC on Saturday 12 December starting at 1pm. Entries are required 1 hour before or via the online entry system at the ANSW website. Program below:

1:00pm 400m Hurdles, High Jump 1.70m, Javelin (Men), Long Jump (Women)
1:40pm 100m
2:30pm High Jump 1.50
2:40pm 200m
2:45pm Long Jump (Men)
2:50pm Javelin (Women)
3:45pm Swiss Club Relay (100, 200, 300, 400)
4:00pm High Jump 1.20
4:15pm Javelin 45m, 800m, Long Jump 5.50m
5:05pm 200 Hurdles
5:25pm Steeplechase

On Sunday 13 December at 9am at Rotary, let's celebrate a great first half of the season at the **UTS Norths Christmas Breakfast!** Come along and enjoy some friendly rivalry in the gumboot toss, champagne hurdles, thong throw, 5 step jump and of course a relay. See attached flyer and check us out on Facebook. For catering purposes, please RSVP to Frazer Dowling on frazierdowling@yahoo.com

See you at the weekend 🍷

Janet

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North Star Editor