

## **West Metropolitan Cross Country Series hosted by UTS Norths**

Calling all distance runners! The West Metropolitan series is a friendly competition for runners of all ages and skill levels on most Saturdays during the winter months. This is your chance of getting your name in the paper! Results appear in the Sunday and Monday Herald newspapers.

Entry fee is only \$2 and the race times are 2pm: 2km, 2.25pm: 4km, 3pm: 8km.

The remaining meets are as follows:

1. Saturday 6<sup>th</sup> August Winston Hills – Col Sutton Park
2. Saturday 13<sup>th</sup> August Rydalmere – John Street
3. Saturday 20<sup>th</sup> August Baulkham Hills - Bella Vista Farm
4. Saturday 27<sup>th</sup> August Rydalmere – Upjohn Park
5. Saturday 3<sup>rd</sup> September Auburn – Chiswick Rd (Presentation Day)

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